

# CURRICULUM VITAE: Dr. Kyra Hamilton

BNursing, GDipPsych, BPsych(Honours), GCert Higher Ed, PhD

## HAPI RESEARCH LAB

HEALTH AND PSYCHOLOGY INNOVATIONS RESEARCH LABORATORY

### OVERVIEW STATEMENT

I have psychology and nursing qualifications and over 30 years' experience in health. I am founder and director of the Health and Psychology Innovations (HaPI) research laboratory. My main areas of research are health psychology and behavioural medicine with interests in health behaviour motivation, self-regulation, and change. I focus on behaviours of national and international importance to understand and intervene to change the beliefs, motivations, and behaviours of individuals, health professionals, and policy makers. I am particularly interested in understanding the multiple effects of motivational, volitional, and automatic processes on health behaviour and the translation of research findings into policy and practice.

### EMPLOYMENT DETAILS

### ACADEMIC QUALIFICATIONS

#### Formal Qualifications

Year	Qualifications	University / Other Institution
2013	Graduate Certificate in Higher Education	Griffith University
2011	Doctor of Philosophy Thesis title: A rebirth of physical activity in parents: applying a theory-based approach. Supervisors: Dr. Katherine White and Dr. Tom Cuddihy	Queensland University of Technology
2007	Bachelor of Psychology – Honours (First Class) Thesis title: Extending the theory of planned behaviour: the role of self and social influences in predicting adolescent physical activity. Supervisor: Dr. Katherine White	Queensland University of Technology
2005	Graduate Diploma in Psychology (with Distinction)	Queensland University of Technology
1993	Bachelor of Nursing	Queensland University of Technology

#### Other Qualifications

Year	Qualifications
2020 -	Fellow of the Australian Psychological Society (FAPS)
2013 -	Academic Member of the Australian Psychological Society College of Health Psychologists
2006 - 2020	Member of the Australian Psychological Society (MAPS)
1994 -	Registered Nurse

### ACADEMIC AND RESEARCH APPOINTMENTS

#### Current Appointments

Year	Position	Location
2019 -	Associate Professor	School of Applied Psychology, Griffith University, Australia
2015 - 2018	Senior Lecturer	School of Applied Psychology, Griffith University, Australia
2012 - 2014	Lecturer	School of Applied Psychology, Griffith University, Australia

#### Visiting and Honorary Appointments

Year	Position	Location
2022	Visiting Scholar	University of California, Merced, USA
2020	Visiting Scholar	Faculty of Sport and Health Sciences, University of Jyväskylä, Finland
2019	Visiting Scholar	Faculty of Sport and Health Sciences, University of Jyväskylä, Finland
2017	Visiting Scholar	Faculty of Sport and Health Sciences, University of Jyväskylä, Finland
2017	Visiting Scholar	Department of Psychology, University of British Columbia, Canada
2017	Visiting Scholar	Department of Physical Education, Hong Kong Baptist University, Hong Kong
2016	Visiting Scholar	Department of Educational Science and Psychology, Freie Universität Berlin, Germany
2016	Visiting Scholar	Department of Psychology, University of Essex, United Kingdom
2016	Visiting Scholar	Medical School, University of Exeter, United Kingdom

2014 - 2020      Adjunct Academic Member      School of Psychology, Curtin University, Australia

### Professional and Scientific Society Appointments

Year	Position	Location
2022 - 2024	Senior Co-Chair	Senior Co-Chair – Theories and Techniques of Behavior Change Interventions Special Interest Group, Society of Behavioral Medicine
2017 - 2022	Australian National Delegate	European Health Psychology Society
2014 - 2021	State Chair (Queensland)	Australian Psychological Society College of Health Psychologists

### Previous Appointments

Year	Position	Location
2004 - 2012	Clinical Nurse Researcher, Research Assistant, Senior Research Assistant	Queensland University of Technology, Mater Health Services, University of Queensland; Australia
2010 - 2011	Unit Coordinator - PYB202 Social and Organisational Psychology, PYB100 Foundation Psychology	Queensland University of Technology; Australia
2008 - 2011	Lecturing (casual)	Queensland University of Technology; Australia
2007 - 2010	Tutoring (casual)	Queensland University of Technology; Australia
2007 - 2009	Peer-Assisted Study Sessions (PASS) Coordinator	Queensland University of Technology; Australia
2003 - 2006	Peer-Assisted Study Sessions (PASS) Tutor	Queensland University of Technology; Australia
1994 - 2004	Registered Nurse, Clinical Nurse, Clinical Nurse Consultant	Greenslopes Repatriation Hospital, Princess Alexander Hospital, Queen Elizabeth 11 Hospital, Beaudesert Hospital, Mater Health Services; Australia

### Membership of Editorial Boards

Role	Journal	Period
Co-Editor-in-Chief	Psychology & Health	2020-
Associate Editor	International Journal of Behavioral Medicine	2018-2020
Associate Editor	Applied Psychology: Health and Wellbeing	2016-2020
Executive Editor	Health Psychology Bulletin	2016-
Editorial Board Member	Health Psychology Review	2018-
Editorial Board Member	Stress & Health	2016-
Editorial Board Member	Frontiers in Psychology (Social and Personality Psychology)	2016-2017
Editorial Board Member	British Journal of Health Psychology	2014-
Editorial Board Member	European Health Psychologist	2014-2017
Guest Editor	Behavioral Sciences	2021
Guest Editor	Health Psychology Review	2017
Guest Editor	Australian Psychologist	2014

### Membership of Research Institutes/Centres

Year	Description and Position	Location
2021 -	Health Sciences Research Institute (HSRI)	University of California, Merced, USA
2015 -	Menzies Health Institute Queensland (MHIQ)	Griffith University, Queensland, Australia
2012 - 2014	Griffith Health Institute	Griffith University, Queensland, Australia
2004 - 2012	Institute of Health and Biomedical Innovation (IHBI)	Queensland University of Technology, Queensland, Australia

### Membership of Research Groups

Year	Description and Position	Location
2020 -	Co-Lead, Social and Behavioural Health (SBH) research group	Griffith University, Queensland, Australia
2016 -	Director, Health and Psychology Innovations (HaPI) research lab	Griffith University, Queensland, Australia
2015 - 2019	Member, Building Healthy Communities: Healthy Young Minds (HYM) research group	Griffith University, Queensland, Australia
2014 - 2020	Member, Health Psychology and Behavioural Medicine (HPBM) research group	Curtin University, Western Australia, Australia
2014 - 2020	Member, Laboratory of Self-Regulation (LaSeR)	Curtin University, Western Australia, Australia

### Membership of Learned and Professional Associations

Year	Description	Location
1994 –	Australian Nurses Council	Australia
2006 –	Australian Psychological Society (APS)	Australia
2007 – 2012	Society of Australasian Social Psychologists (SASP)	Australasia
2010 –	European Health Psychology Society (EHPS)	International
2010 – 2013	Australian Society of Medical Research	Australia

2010 – 2013	International Society for Physical Activity and Health	International
2011 –	Australian Collaborative Education Network (ACEN)	Australia
2012 –	International Society for Critical Health Psychology	International
2013 –	Academic Member APS College of Health Psychologists	Australia
2013 –	Australasian Society of Behavioural Health and Medicine (ASBHM)	Australasia
2014 –	Australian Centre for Health Services Research (AusHSI)	Australia
2017 –	Society of Behavioural Medicine (SBM)	International
2017 –	UK Society for Behavioural Medicine	International

### CLINICAL NURSING APPOINTMENTS

1994-2004 Position: Registered Nurse, Clinical Nurse, Clinical Nurse Consultant.  
Location: Greenslopes Repatriation Hospital, Princess Alexander Hospital, Queen Elizabeth 11 Hospital, Beaudesert Hospital, Mater Health Services.

## RESEARCH

### RESEARCH INTERESTS AND CITATION METRICS

1. Health Behaviour Motivation, Self-regulation, and Change
2. Theory Development and Integration
3. Research Synthesis
4. Accident and Injury Prevention
5. Stress and Coping
6. Learning and Teaching Innovations

	Goggle Scholar
Total citations	5204
<i>h</i> -index	41
<i>i10</i> -index	126

### PEER REVIEWED PUBLICATIONS

\*Publication co-authored with current or previous Postdoc/PhD/Masters/Honours degree student supervised by Dr. Kyra Hamilton

#### ACCEPTED/IN PRESS

1. Gardner, B., Arden, M. A., Brown, D., Eves, F. F., Green, J., **Hamilton, K.**, Hankonen, N., Inauen, J., Keller, J., Kwasnicka, D., Labudek, S., Marien, H., Masaryk, R., McCleary, N., Mullan, B. A., Neter, E., Orbell, S., Potthoff, S., & Lally, P. Developing habit-based health behaviour change interventions: Twenty-one questions to guide future research. *Psychology & Health*. doi:10.1080/08870446.2021.2003362
2. Hagger, M. S., & **Hamilton, K.** Predicting COVID-19 booster vaccine intentions. *Applied Psychology: Health & Well-Being*. doi:10.1111/aphw.12349
3. Hagger, M. S., & **Hamilton, K.** Social cognition theories and behavior change in COVID-19: A conceptual review. *Behaviour Research and Therapy*. <https://doi.org/10.1016/j.brat.2022.104095>
4. \*Hagger, M. S., Smith, S. R., Keech, J. J., Moyers, S. A., & **Hamilton, K.** Predicting physical distancing over time during COVID-19: Testing an integrated model. *Psychology & Health*. doi:10.1080/08870446.2021.1968397
5. \***Hamilton, K.**, Phipps, D., Schmidt, P., Bamberg, S., & Aizen, I. First test of the theory of reasoned goal pursuit: Predicting physical activity. *Psychology & Health*. doi:10.1080/08870446.2022.2026946
6. \*Keech, J. J., & **Hamilton, K.** An integrated dual-process model for coping behaviour. *Stress & Health*. <https://doi.org/10.1002/smi.3121>
7. \*Phipps, D. J., Rhodes, R. E., Jenkins, K., Hannan, T. E., Browning, N., & **Hamilton, K.** A dual process model of affective and instrumental implicit attitude, self-monitoring, and sedentary behavior. *Psychology of Sport and Exercise*. <https://doi.org/10.1016/j.psychsport.2022.102222>
8. Rebar, A., **Hamilton, K.**, Rhodes, R. E., & Gardner, B. Habit facilitates actioning sun protective behavior intentions. *Behavioral Medicine*. doi:10.1080/08964289.2021.1903380
9. \*Rigby, R. R., Williams, L. T., Ball, L., **Hamilton, K.**, & Mitchell, L. J. Is there enough behaviour change science in nutrition and dietetics curricula in Australia and New Zealand? A descriptive study. *Nutrition & Dietetics*. doi:10.1111/1747-0080.12704
10. \*Rigby, R. R., Mitchell, L., **Hamilton, K.**, Ball, L., & Williams, L.T. Analyzing dietary behaviors self-reported by people with diabetes using a behavior change technique taxonomy. *Journal of Nutrition Education and Behavior*.
11. \*Smith, S. R., Keech, J. J., Moyers, S., Hagger, M. S., **Hamilton, K.** Improving hand hygiene behavior using a novel theory-based intervention during the COVID-19 pandemic. *Annals of Behavioral Medicine*.
12. \*Smith, S. R., Kroon, J., Schwarzer, R., & **Hamilton, K.** Parental social-cognitive correlates of preschoolers' oral hygiene behavior: A systematic review and meta-analysis. *Social Science & Medicine*. <https://doi.org/10.1016/j.socscimed.2020.113322>
13. \*Wright, C., Mutsekwa, R. N., **Hamilton, K.**, Campbell, K. L., & Kelly J. Are eHealth interventions for adults who undergo bariatric surgery as effective as usual care? A systematic review. *Surgery for Obesity and Related Diseases*. <https://doi.org/10.1016/j.soard.2021.07.020>

**2022**

14. Hagger, M. S., Cheung, M. W. L., Ajzen, I., & **Hamilton, K.** (2022). Perceived behavioral control moderating effects in the theory of planned behavior: A meta-analysis. *Health Psychology, 41*(2), 155-167. <https://doi.org/10.1037/hea0001153>
15. **Hamilton, K.**, & Hagger, M. S. (2022). The Vaccination Concerns in COVID-19 Scale (VaCCS): development and validation. *PLoS ONE, 17*(3): e0264784. <https://doi.org/10.1371/journal.pone.0264784>
16. \***Hamilton, K.**, Keech, J. J., Willcox-Pidgeon, S., & Peden, A. E. (2022). An evaluation of a video-based intervention targeting alcohol consumption during aquatic activities. *Australian Journal of Psychology, 74*(1), e2029221. doi:10.108/00049530.2022.2029221
17. \*Ng, HTH., Zhang, C-Q., Phipps, D. J., Zhang, R., & **Hamilton, K.** (2022). Effects of anxiety and sleep on academic engagement among university students. *Australian Psychologist, 57*(1), 57-64. doi:10.1080/00050067.2021.1965854
18. \*Phipps, D. J., Hagger, M. S., & **Hamilton K.** (2022). Evidence that habit moderates the implicit belief-behavior relationship in health behaviors. *International Journal of Behavioral Medicine, 29*, 116–121. doi:10.1007/s12529-021-09975-z
19. \*Sas, S. V., **Hamilton, K.**, & Hagger, M. S. (2022). The best laid plans”: Do individual differences in planfulness moderate effects of implementation intention interventions? *Behavioral Sciences, 12*(2), 47. <https://doi.org/10.3390/bs12020047>
20. \*Trewick, N., Neumann, D., & **Hamilton, K.** Effect of affective feedback and competitiveness on performance and the psychological experience of exercise within a virtual reality environment. *PLoS ONE, 17*(6): e0268460. <https://doi.org/10.1371/journal.pone.0268460>
21. \*Wright, C., Barnett, A., Campbell, K. L., Kelly, J. T., **Hamilton, K.** (2022). Lived experiences and unique psychosocial impacts following bariatric surgery in a publicly funded Australian tertiary hospital: a qualitative study. *Australian Journal of Psychology, 74*:1, 2046445. doi:10.1080/00049530.2022.2046445
22. \*Wright, C., Barnett, A., Campbell, K. L., Kelly, J. T., **Hamilton, K.** (2022). Behaviour change theories and techniques used to inform nutrition interventions for adults undergoing bariatric surgery: a systematic review. *Nutrition & Dietetics, 79*(1), 110-128. doi:10.1111/1747-0080.12728

## 2021

23. Asgari, S., Abbasi, M., **Hamilton, K.**, Lin, C-Y., Griffiths, M. D., Lin, C., & Pakpour, A. H. (2021). A theory-based intervention to promote medication adherence in patients with rheumatoid arthritis: A randomized controlled trial. *Clinical Rheumatology, 40*, 101-111. doi:10.1007/s10067-020-05224-y
24. \*Brown, D. J., Charlesworth, J-P., Hagger, M. S., & **Hamilton, K.** (2021). A dual-process model applied to two health promoting nutrition behaviours. *Behavioral Sciences, 11*(170). <https://doi.org/10.3390/bs11120170>
25. Hagger, M. S., & **Hamilton, K.** (2021). General causality orientations in self-determination theory: Meta-analysis and test of a process model. *European Journal of Personality, 35*(5), 710–735. doi:10.1177/0890207020962330
26. Hagger, M. S., & **Hamilton, K.** (2021). Effects of socio-structural variables in the Theory of Planned Behavior: A mediation model in multiple samples and behaviors. *Psychology & Health, 34*, 307-333. doi:10.1080/08870446.2020.1784420
27. \***Hamilton, K.**, Keech, J. J., Peden, A. E., & Hagger, M. S. (2021). Changing driver behavior during floods: Testing a novel e-health intervention using implementation imagery. *Safety Science, 136*, Article 105141. <https://doi.org/10.1016/j.ssci.2020.105141>
28. \***Hamilton, K.**, Ng, H., Zhang, C-Q., Phipps, D., & Zhang, R. (2021). Social psychological predictors of sleep hygiene behaviors in Australian and Hong Kong university students. *International Journal of Behavioral Medicine, 28*(2), 214-226. doi:10.1007/s12529-020-09859-8
29. Kwasnicka, D., ten Hoor, G. A., van Dongen, A., Gruszczyńska, E., Hagger, M. S., **Hamilton, K.**, Hankonen, N., Heino, M. T. J., Kotzur, M., Noone, C., Rothman, A. J., Toomey, E., Warner, L. M., Kok, G., Peters, G-J., & Luszczynska, A. (accepted). Promoting scientific integrity through open science in health psychology: Results of the Synergy Expert Meeting of the European Health Psychology Society. *Health Psychology Review, 15*(3), 333–349. doi:10.1080/17437199.2020.1844037
30. \*Keech, J. J., Hagger, M. S., & **Hamilton, K.** (2021). Changing stress mindsets with a novel imagery intervention: A randomized controlled trial. *Emotion, 21*, 123-136. doi:10.1037/emo0000678.
31. \*Keech, J. J., Orbell, S., Hagger, M. S., O’Callaghan, F., & **Hamilton, K.** (2021). Psychometric properties of the Stress Control Mindset Measure. *Brain & Behavior, 11*:e01963. doi:10.1002/brb3.1963
32. Pakpour, A. H., Lin, C-K., Safdari, M., Lin, C-Y., Chen, S-H., & **Hamilton, K.** (2021). Using an integrated social cognition model to explain green purchase behavior among adolescents. *International Journal of Environmental Research and Public Health, 18*(23), 12663. <https://doi.org/10.3390/ijerph182312663>
33. \*Phipps, D., Hannan, T., Rhodes, R. E., & **Hamilton, K.** (2021). A dual process model of affective and instrumental attitudes in predicting physical activity. *Psychology of Sport and Exercise, 54*: 101899. <https://doi.org/10.1016/j.psychsport.2021.101899>
34. Polet, J., Schneider, J., Hassandra, M., Lintunen, T., Laukkanen, A., Hankonen, N., Hirvensalo, M., Tammelin, T., **Hamilton, K.**, & Hagger, M. S. (2021). Predictors of school students’ leisure-time physical activity: An extended trans-contextual model using bayesian path analysis. *PLoS ONE, 16*(11): e0258829. <https://doi.org/10.1371/journal.pone.0258829>
35. \*Smith, S. R., Kroon, J., Schwarzer, R., & **Hamilton, K.** (2021). Social-cognitive predictors of parental supervised toothbrushing: An application of the health action process approach. *British Journal of Health Psychology, 6*(4), 995-1015. doi:10.1111/bjhp.12516

## 2020

36. Ahorsu, D. K., Lin, C-Y., Vida Imani, V., Carlbring, P., Nygårdh, A., Broström, A., **Hamilton, K.**, & Pakpour, A. H. (2020). Testing an app-based intervention to improve insomnia in patients with epilepsy: A randomized controlled trial. *Epilepsy & Behavior, 112*: 107371. <https://doi.org/10.1016/j.yebeh.2020.107371>



37. \*Brown, D., Hagger, M. S., & **Hamilton, K.** (2020). The mediating role of constructs representing reasoned-action and automatic processes on the past behavior-future behavior relationship. *Social Science & Medicine*, 258, 113085. <https://doi.org/10.1016/j.socscimed.2020.113085>
38. Chan, D. K. C., Lee, S. Y. A., & **Hamilton, K.** (2020). Descriptive epidemiology and correlates of children's swimming competence. *Journal of Sports Sciences*, 38, 2253-2263. doi:10.1080/02640414.2020.1776947
39. Chan, D. K. C., Lee, S. Y. A., Macfarlane, D. J., Hagger, M. S., & **Hamilton, K.** (2020). Validation of the swimming competence questionnaire for children. *Journal of Sports Sciences*, 38, 1666-1673. doi:10.1080/02640414.2020.1754724. <https://osf.io/yrkgz/>
40. \*Hagger, M. S., Keech, J. J., & **Hamilton, K.** (2020). Reappraisal and mindset approaches to managing stress during the COVID-19 pandemic and beyond. *Stress & Health*, 36, 396–401. doi:10.1002/smi.2969
41. \*Hagger, M. S., Smith, S. R., Keech, J., Moyers, S., & **Hamilton, K.** (2020). Predicting social distancing behavior during the COVID-19 pandemic: An integrated social cognition model. *Annals of Behavioral Medicine*, 54, 713–727. <https://doi.org/10.1093/abm/kaa073>
42. **Hamilton, K.**, Demant, D., Peden, A. E., & Hagger, M. S. (2020). A systematic review of human behaviour in and around floodwater. *International Journal of Disaster Risk Reduction*, 47, August 2020, 101561. doi:10.1016/j.ijdr.2020.101561
43. \***Hamilton, K.**, Gibbs, I., Keech, J. J., & Hagger, M. S. (2020). Reasoned and implicit processes in heavy episodic drinking: An integrated dual process model. *British Journal of Health Psychology*, 25, 189-209. doi:10.1111/BJHP.12401
44. **Hamilton, K.**, & Rhodes, R. E. (2020). Editorial welcome. *Psychology & Health*, 35, 125-127. doi:10.1080/08870446.2020.1709750
45. \***Hamilton, K.**, Smith, S. R., Keech, J. J., Moyers, S., & Hagger, M. S. (2020). Application of the Health Action Process Approach to social distancing behavior during COVID-19. *Applied Psychology: Health and Well-Being*, 12, 1244-1269. doi:10.1111/APHW.12231
46. **Hamilton, K.**, van Dongen, A., & Hagger, M. S. (2020). An extended theory of planned behavior for parent-for-child health behaviors: A meta-analysis. *Health Psychology*, 39, 863–878. doi:10.1037/hea0000940
47. Kavanagh, D. J., Connolly, J., Fisher, J., Halford, K., **Hamilton, K.**, Hides, L., Milgrom, J., Rowe, H., Scuffham, P. A., White, K. M., Wittkowski, A., Appleton, S., & Sanders, D. (2021). The *Baby Steps* web program for the wellbeing of new parents: a randomized controlled trial. *Journal of Medical Internet Research*, 23(11):e23659. doi:10.2196/23659
48. \*Keech, J.J., Cole, K., Hagger, M. S., & **Hamilton, K.** (2020). The influence of stress mindsets on physical and psychological wellbeing: Testing a stress beliefs model in police officers. *Psychology & Health*, 35(11), 1306-1325. doi:10.1080/08870446.2020.1743841
49. Lin, C-Y., Imani, V., Rajabi Majd, V., Ghasemi, Z., Griffiths, M. D., **Hamilton, K.**, Hagger, M. S., & Pakpour, A. H. (2020). Using an integrated social cognition model to predict COVID-19 preventive behaviors. *British Journal of Health Psychology*, 25, 981/1005. doi:10.1111/bjhp.12465
50. \*Phipps, D., Hagger, M. S., & **Hamilton, K.** (2020). Predicting limiting 'free sugar' consumption using an integrated model of behavior. *Appetite*, 150, July 2020, 104668. doi:10.1016/j.appet.2020.104668
51. \*Rigby, R., Mitchell, L., **Hamilton, K.**, & Williams, L. (2020). The use of behavior change theories in dietetic practice: a systematic review of randomized controlled trials. *Journal of the Academy of Nutrition and Dietetics*, 120, 1172-1197. <https://doi.org/10.1016/j.jand.2020.03.019>
52. Scheermann, J. F. M., **Hamilton, K.**, Sharif, M. O., Lindmark, U., & Pakpour, A. H. (2020). A theory-based intervention delivered by an online social media platform to promote oral health among Iranian adolescents: a cluster randomized controlled trial. *Psychology & Health*, 35, 449-466. doi:10.1080/08870446.2019.1673895
53. \*Schmidt, H., & **Hamilton, K.** (2020). Visiting public libraries with young children: An investigation of individual and community factors among caregivers in a low socio-economic area. *Early Years*, 40(2), 237-253. doi:10.1080/09575146.2017.1389855.
54. Zhang, C-Q., Fang, R., Zhang, R., Hagger, M. S., & **Hamilton, K.** (2020). Predicting hand washing and sleep hygiene behaviors among college students: Test of an integrated social-cognition model. *International Journal of Environmental Research and Public Health*, 17, 1209. doi:10.3390/ijerph17041209
55. Zhu, S., Ni, S., & **Hamilton, K.** (2020). Cognition malleability belief, emotion regulation and adolescent well-being: examining a mediation model among migrant youth. *Health Psychology & Behavioral Medicine*, 8(1), 349-361. doi:10.1080/21642850.2020.1806717

## 2019

56. \*Arnautovska, U., Fleig, L., O'Callaghan, F., & **Hamilton, K.** (2019). Older adults' physical activity: The integration of autonomous motivation and theory of planned behaviour constructs. *Australian Psychologist*, 54, 46-54. doi:10.1111/ap.12346.
57. \*Caudwell, K. M., Keech, J. J., **Hamilton, K.**, Mullan, B. A. & Hagger, M. S. (2019). Reducing alcohol consumption during pre-drinking sessions: Testing an integrated behaviour-change model. *Psychology & Health*, 34(1), 106-227. <https://doi.org/10.1080/08870446.2018.1518527>.
58. Hagger, M. S., Gucciardi, D. F., Turrell, A. S., **Hamilton, K.** (2019). Self-control and health-related behavior: The role of implicit self-control, trait self-control, and beliefs in self-control. *British Journal of Health Psychology*, 24, 764-786. doi:10.1111/bjhp.12378
59. Hagger, M. S., & **Hamilton, K.** (2019). Grit and self-discipline as predictors of effort and academic attainment in science: a process model using bayesian path analysis. *British Journal of Educational Psychology*, 89(2), 324-342. doi:10.1111/bjep.12241.
60. Hagger, M. S., **Hamilton, K.**, Hardcastle, S. J., Kwok, S., Lin, J., Nawawi, H. M., et al... Watts, G. F. (2019). Predicting intention to participate in self-management behaviors in patients with familial hypercholesterolemia: A cross-national study. *Social Science and Medicine*, 242, 112591. <https://doi.org/10.1016/j.socscimed.2019.112591>

61. Hagger, M. S., Hankonen, N., Kangro, E., Lintunen, T., Pagaduan, J., Polet, J., & **Hamilton, K.** (2019). Trait self-control and social cognitive predictors of health behavior: mediation and moderation effects. *Applied Psychology: Health and Wellbeing*, 11, 407-437. doi:10.1111/aphw.12153.
62. Hagger, M. S., ten Hoor, G., & **Hamilton, K.** (2019). Reflections from the 2018 SYNERGY meeting on 'Promoting Scientific Integrity in Health Psychology Research and Publishing'. *European Health Psychologist*, 20(6), 563-567.
63. \***Hamilton, K.**, Fleig, L., Henderson, J., & Hagger, M. S. (2019). Being active in pregnancy: theory-based predictors of physical activity among pregnant women. *Women & Health*, 9(2), 213-228. doi:10.1080/03630242.2018.1452835
64. \***Hamilton, K.**, Fraser, E., & Hannan, T. (2019). Habit-based workplace physical activity intervention: A pilot study. *Occupational Medicine*, 69, 471-474. doi:10.1093/occmed/kqz119
65. \***Hamilton, K.**, Henderson, J., Burton, E., & Hagger, M. S. (2019). Discussing lifestyle behaviors in general practice settings: perspectives and experiences of General Practitioners. *Health Psychology and Behavioral Medicine*, 7(1), 290-307. doi:10.1080/21642850.2019.1648216
66. \***Hamilton, K.**, Keech, J. J., Peden, A. E., Hagger, M. S. (2019). Protocol for developing a mental imagery intervention: A randomised controlled trial testing a novel implementation imagery e-health intervention to change driver behaviour during floods. *BMJ Open*, 9:e025565. doi:10.1136/bmjopen-2018-025565.
67. \***Hamilton, K.**, Peden, A. E., Keech, J. J., & Hagger, M. S. (2019). Driving through floodwater: exploring driver decisions through the lived experience. *International Journal of Disaster Risk Reduction*, 34, 346-355. doi:10.1016/j.ijdr.2018.12.019.
68. \***Hamilton, K.**, Peden, A., Smith, S. R., Hagger, M. S. (2019). Predicting pool safety habits and intentions of Australian parents and carers for their young children. *Journal of Safety Research*, 71, 285-294. <https://doi.org/10.1016/j.jsr.2019.09.006>
69. \*Keech, J., Smith, S. R., Peden, A., Hagger, M. S., **Hamilton, K.** (2019). The lived experience of rescuing people who have driven through floodwater: Understanding challenges and identifying areas for providing support. *Health Promotion Journal of Australia*, 30, 252-257. doi.org/10.1002/hpja.181.
70. McKee, M., Mullen, B., Mergelsberg, E., Gardner, B., **Hamilton, K.**, Kothe, E., & Slabbert, A. (2019). Predicting what mothers feed their pre-schoolers: guided by an extended theory of planned behaviour. *Appetite*, 137, 250-258. doi:10.1016/j.appet.2019.03.011.
71. O'Brien, J., Williams, A., Wu, S., & **Hamilton, K.** (2019). Getting physical with diabetes: a realistic approach to encouraging exercise for adults with diabetes. *Diabetes & Primary Care Australia*, 3, 163-168.
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### **BOOKS**

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- Brown, K., Hagger, M. S., **Hamilton, K.**, Cheng, C., & Sutton, S. (contracted to be published in 2024). *Sage handbook of health psychology* (2<sup>nd</sup> Ed). London: SAGE

### **BOOK CHAPTERS**

#### **2022**

- Clough, B., Cassimatis, M., Noorbala, L., Attary, T., Ghazizadeh, A., & **Hamilton, K.** (2022). Mental healthcare in the 'new normal': digital technologies for pandemics. In S. Adibi, A. Rajabifard, S. Ialam & A. Ahmadvand (Eds.), *Healthcare technology solutions for pandemics: a roadmap*. (pp. ). New York: Springer Nature.
- \*Smith, S., Hagger, M. S., Keech, J., Moyers, S., & **Hamilton, K.** (2022). Social cognition approaches to understanding and changing COVID-19 preventive behaviors. In S. Adibi, P. Griffin, M. Sanicas, M. Rashidi, & F. Lanfranchi (Eds.), *Frontiers of COVID-19: scientific and clinical aspects of the Novel SARS-CoV-2* (pp. ). New York: Springer Nature.
- Pfeffer, I., **Hamilton, K.**, Hannan, T., & Wegner, M. (2022). Models to explain and change health behaviour. In J. Schuler, H. Plessner, M. Wegner, & R. Eklund (Eds.), *Sport psychology: theory and application* (pp. ). New York: Springer.

#### **2021**

4. Hannan, T., Cassimatis, M., Keech, J. J., & **Hamilton, K.** (2021). Health psychology, positive psychology, and the tourist. In J. Wilks, D. Pendergast, P. Leggat & D. Morgan (Eds.), *Tourist health, safety and wellbeing in the new normal*. (pp. 221-242). New York: Springer Nature.
5. Modecki, K., Buckley, L. & **Hamilton, K.** (2021). Adolescent alcohol use and development: Layered ecological contexts and agents for change. In R. Cooke, D. Conroy, E. Davies, M. S. Hagger & R. de Visser (Eds.), *The Palgrave handbook of psychological perspectives on alcohol consumption*. (pp. 427-447). New York: Palgrave Macmillan. [https://doi.org/10.1007/978-3-030-66941-6\\_18](https://doi.org/10.1007/978-3-030-66941-6_18)
6. Peden, A. E., Willcox-Pidgeon, S., & **Hamilton, K.** (2021). Recreational boating safety: Usage, risk factors, and the prevention of injury and death. In Vickerman, R (Eds.), *International Encyclopedia of Transportation* (vol. 2, pp. 477-486). UK: Elsevier Ltd. <http://dx.doi.org/10.1016/B978-0-08-102671-7.10171-X>

## 2020

7. Hagger, M. S., Cameron, L. D., **Hamilton, K.**, Hankonen, N., & Lintunen, T. (2020). Changing behavior: A theory- and evidence-based approach. In M. S. Hagger, L. Cameron, K. Hamilton, N. Hankonen, & T. Lintunen (Eds.), *The handbook of behavior change* (pp. 1-14). New York: Cambridge University Press.
8. Hagger, M. S., Cameron, L. D., **Hamilton, K.**, Hankonen, N., & Lintunen, T. (2020). The science of behaviour change: The road ahead. In M. S. Hagger, L. D. Cameron, K. Hamilton, N. Hankonen, & T. Lintunen (Eds.), *The handbook of behavior change* (pp. 677-699). New York: Cambridge University Press.
9. Hagger, M. S., & **Hamilton, K.** (2020). Changing behavior using integrated theories. In M. S. Hagger, L. D. Cameron, K. Hamilton, N. Hankonen, & T. Lintunen (Eds.), *The handbook of behavior change* (pp. 208-224). New York: Cambridge University Press.
10. **Hamilton, K.**, & Johnson, B. (2020). Attitude and persuasive communication interventions. In M. S. Hagger, L. D. Cameron, K. Hamilton, N. Hankonen, & T. Lintunen (Eds.), *The handbook of behavior change* (pp. 445-460). New York: Cambridge University Press.
11. Schwarzer, R., & **Hamilton, K.** (2020). Changing behaviour using the health action process approach. In M. S. Hagger., L. D. Cameron., K. Hamilton., N. Hankonen., & T. Lintunen (Eds.), *The handbook of behavior change* (pp. 89-103). New York: Cambridge University Press. <https://doi.org/10.1017/97811086773180.007>

## 2019

12. Hagger, M. S., & **Hamilton, K.** (2019). Health behaviour, health promotion, and the transition to parenthood: Insights from research in health psychology and behavior change. In Taubman – Ben-Ari O. (Eds.), *Pathways and barriers to parenthood* (pp. 251-269). Springer, Cham. DOI: [https://doi.org/10.1007/978-3-030-24864-2\\_15](https://doi.org/10.1007/978-3-030-24864-2_15)
13. \*Keech, J. J., & **Hamilton, K.** (2019). Stress mindset. In M Gellman & R Turner (Eds.), *Encyclopaedia of behavioral medicine* (2<sup>nd</sup> Ed.). New York: Springer. DOI: 10.1007/978-1-4614-6439-6\_102001-1

## 2018

14. Morrissey, S., Weinbrecht, T., Farrel, L., O'Donovan, A., & **Hamilton, K.** (2018). Facilitating psychological literacy in third-year undergraduate students through university-industry work integrated learning. In G. J. Rich., A. Padilla-López., L. K. de Souza., L. Zinkiewicz., J. Taylor., & J. L. S. B., Jaafar. (4<sup>th</sup> Ed.), *Teaching psychology around the world* (pp. 329-348). Newcastle, UK: Cambridge Scholars Publishing.

## OTHER RESEARCH OUTPUTS

### Guest Editor Special Issue

1. *Psychology & Health* – Rhodes, R. E., & **Hamilton, K.** (in prep). The Coronavirus (COVID-19) global pandemic: longitudinal research in psychology and health.
2. *Behavioral Sciences* – Hagger, M. S., & **Hamilton, K.** (in prep). Health behavior change: theories, methods, and interventions.
3. *Health Psychology Review* – **Hamilton, K.**, Marques, M. M., & Johnson, B. T. (2017). Advanced analytic and statistical methods in health psychology. Vol 11, Issue 3.
4. *European Health Psychologist* – Kwasnicka, D., & **Hamilton, K.** (2016). Health psychology and weight loss maintenance: current issues. Vol 16, Issue 2
5. *Australian Psychologist* – **Hamilton, K.**, & Hagger, M. S (2014). The 'health' of health psychology in Australia: behavioural approaches and interventions. Vol 49, Issue 2.
6. *European Health Psychologist* – Marques, M. M., & **Hamilton, K.** (2014). Health psychology and statistical methodology: out with the old and in with the new. Vol 16, Issue 2.

## PRESENTATIONS

### REFEREED CONFERENCE PRESENTATIONS

\*Presentations authored or co-authored by PhD/Masters/Honours degree student supervised by Dr. Kyra Hamilton.

## 2022

1. **Hamilton, K.**, & Hagger, M. S. The Vaccination Concerns in COVID-19 Scale (VaCCS): development and validation. Symposium presentation at the *Society of Behavioral Medicine's 43rd Annual Meeting & Scientific Sessions*, 06-09 April 2022.
2. Hagger, M.S., & **Hamilton, K.** Correlates of COVID 19 vaccination intentions and booster vaccination intentions. Symposium presentation at the *Society of Behavioral Medicine's 43rd Annual Meeting & Scientific Sessions*, 06-09 April 2022.

3. \*Smith, S., Keech, J. J., Hagger, M. S., & **Hamilton, K.** Improving hand hygiene behavior using a novel theory-based intervention during the COVID-19 pandemic. Symposium presentation at the *Society of Behavioral Medicine's 43rd Annual Meeting & Scientific Sessions*, 06-09 April 2022.

## **2021**

4. \***Hamilton, K.**, Smith, S., Keech, J. J., Moyers, S., & Hagger, M.S. Predicting physical distancing over time during the COVID-19 pandemic. Paper presentation at the *35th Conference of the European Health Psychology Society*, 23-27 August 2021, Online.
5. \*Keech, J.J., Hagger, M.S. & **Hamilton, K.** Changing stress mindsets with a novel imagery intervention: A pre-registered randomised controlled trial. Paper presentation at the *35th Conference of the European Health Psychology Society*, 23-27 August 2021, Online.
6. \*Phipps, D., Hannan, T., & **Hamilton, K.** A Cross-Lagged Model of Habit, Implicit Attitude, Autonomous Motivation, and Physical Activity During COVID-19. Paper presentation at the *35th Conference of the European Health Psychology Society*, 23-27 August 2021, Online.
7. \*Jenkins, K., Buchan, J., Ryan, R., & **Hamilton, K.** Investigating Sedentary Office Workers Movement in Varied Workplaces: A Qualitative Exploration. Paper presentation at the *35th Conference of the European Health Psychology Society*, 23-27 August 2021, Online.
8. \*Smith, S., Kroon, J., Schwarzer, S., & **Hamilton, K.** A meta-analysis of the parental social-cognitive correlates of oral hygiene behavior in preschoolers. Paper presentation at the *35th Conference of the European Health Psychology Society*, 23-27 August 2021, Online.
9. \*Rigby, R.R., Mitchell, L., Ball, L., **Hamilton, K.**, & Williams, L.T. How much behaviour change science is there in dietetics programs in Australia and New Zealand? Paper presentation at the *Dietitians Australia Conference*, July 2021. Award: New Conference Presenter Award – Highly Commended.
10. \*Rigby, R.R., Williams, L.T., Mitchell, L., Ball, L., & **Hamilton, K.** Seeking to understand the dietary behaviours of individuals with T2D. Paper presentation at the *International Society of Behavioural Nutrition and Physical Activity XChange Online Conference*. June 2021, Online.
11. **Hamilton, K.** Open science in behavioral medicine: An Australian perspective. Symposium presented at the *International Congress of Behavioral Medicine*. Online.
12. Keech, J.J., Peden, A.E. & **Hamilton, K.** Understanding the knowledge, beliefs, and attitudes of Australian learner drivers toward driving into floodwater. Symposium presentation at the *Australasian Society of Behavioural Health and Medicine Conference*, 5-7 February 2021, Online.
13. Willcox-Pidgeon, S., Keech, J.J., Peden, A.E. & **Hamilton, K.** Do safety campaigns targeted at hard to reach groups make an impact? Evaluation of an alcohol and water safety campaign targeting young males. Symposium presentation at the *Australasian Society of Behavioural Health and Medicine 2021 Conference*, 5-7 February 2021, Online.
14. **Hamilton, K.**, Keech, J.J. & Peden, A.E. Understanding consumers' knowledge, beliefs, and attitudes toward portable pool compliance and safety behaviours. Symposium presentation at the *Australasian Society of Behavioural Health and Medicine 2021 Conference*, 5-7 February 2021, Online.
15. \*Smith, S.R., Keech, J.J. & **Hamilton, K.** Investigating job demands, resources, and occupational stress in pool lifeguards in Australia. Symposium presentation at the *Australasian Society of Behavioural Health and Medicine 2021 Conference*, 5-7 February 2021, Online.
16. Rackemann, L.J., Keech, J.J. & **Hamilton, K.** Evaluation of an implementation intentions intervention for managing university student stress. Paper presentation at the *Australasian Society of Behavioural Health and Medicine 2021 Conference*, 5-7 February 2021, Online. *Awarded Best Oral Presentation*.
17. Zhu, S., Keech, J., Hagger, M. S., Tsang, H. & **Hamilton, K.** Examining the cross-lagged associations between mindsets of depression, anxiety, and stress on mental health symptoms. *2021 Virtual Biennial Meeting of Society for Research in Child Development*, 1-9 April 2021, Online.

## **2020**

18. Kroll, J., **Hamilton, K.**, Rhodes, R., Gardner, B., & Rebar, A. L. The role of skin cancer risk in people's intention to engage in sun safe behaviour. *The Online Conference for Undergraduate Research in Australia*, 17-18 September 2020, Online.
19. \*Rigby, R.R., Mitchell, L., **Hamilton, K.**, & Williams, L.T. The application of behaviour change theories and techniques in dietetic practice: a systematic review of randomised controlled trials. *International Society of Behavioural Nutrition and Physical Activity XChange Online Conference*. July 2020. Oral Presentation.
20. \*Open science in behavioral medicine: Multiple perspectives and provocative questions. Panel Discussion presented at the *41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine*, 1-4 April 2020, San Francisco, California. Note: Conference cancelled due to COVID-19.
21. \*Keech, J. J., Hagger, M. S., **Hamilton, K.** Changing stress mindsets to improve health and performance with a novel imagery intervention: A randomized controlled trial. Poster presentation at the *41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine*, 1-4 April 2020, San Francisco, California. Note: Conference cancelled due to COVID-19.
22. \***Hamilton, K.**, Keech, J. J., Peden, A. E., Hagger, M. S. Changing driver behavior during floods: Testing a novel e-health intervention using implementation imagery. Poster presentation at the *41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine*, 1-4 April, 2020, San Francisco, California. Note: Conference cancelled due to COVID-19.
23. \***Hamilton, K.**, Fraser, E., Hannan, T. Habit-based workplace physical activity intervention: A pilot study. Paper presented at the *Australasian Society of Behavioural Health and Medicine Conference*, 6-8 February 2020, Sydney, Australia.
24. \*Keech, J.J. & **Hamilton, K.** Predicting problem-focussed coping behaviour using an integrated dual-process model. Paper presented at the *Australasian Society of Behavioural Health and Medicine Conference*, 6-8 February 2020,



Sydney, Australia.

25. \*Brown, D., & **Hamilton, K.** Testing the theory of interpersonal behaviour for sun safety behaviours. Paper presented at the *Australasian Society of Behavioural Health and Medicine Conference*, 6-8 February 2020, Sydney, Australia.
26. \*Phipps, D., Hagger, M.S., & **Hamilton, K.** A protocol for the replicable piloting of stimulus items for implicit measures. Paper presented at the *Australasian Society of Behavioural Health and Medicine Conference*, 6-8 February 2020, Sydney, Australia.
27. \*Phipps, D., Hagger, M.S., & **Hamilton, K.** Applying Bayesian SEM to predict free sugar limiting behaviour with the integrated model of health behaviour. Paper presented at the *Australasian Society of Behavioural Health and Medicine Conference*, 6-8 February 2020, Sydney, Australia.
28. \*Charlesworth, J., Brown, D., & **Hamilton, K.** The role of intentions and habits in two nutrition behaviours. Paper presented at the *Australasian Society of Behavioural Health and Medicine Conference*, 6-8 February 2020, Sydney, Australia.

## **2019**

29. \***Hamilton, K.**, Keech, J., Peden, A., Griffiths, M. Identifying demographic, environmental, and social psychological correlates of parents' non-enrolment behaviours in learn to swim lessons for their young children. Paper presentation at the *World Conference on Drowning Prevention*, 8-10 October 2019, Durban, South Africa.
30. \***Hamilton, K.**, Keech, J., Peden, A., & Hagger, M. S. Testing a novel implementation imagery e-health intervention to change driver behaviour during floods: A randomised controlled trial. Paper presentation at the *World Conference on Drowning Prevention*, 8-10 October 2019, Durban, South Africa.
31. **Hamilton, K.** & Hagger, M. S. Social cognitive mediators of socioeconomic and demographic correlates of health behavior. Paper presentation as part of Symposium "Social inequalities and health behaviours: Implications for theory and practice in Health Psychology" at the *33rd Conference of the European Health Psychology Society*, 4-7 September 2019, Dubrovnik, Croatia.
32. \*Brown, D., Hagger, M. S., & **Hamilton, K.** A qualitative investigation of the use and characterisation of "habit" by lay-people. Paper presentation at the *33rd Conference of the European Health Psychology Society*, 4-7 September 2019, Dubrovnik, Croatia.
33. \*Brown, D., & **Hamilton, K.** A test of the temporal order of self-regulatory processes. Poster presentation at the *33rd Conference of the European Health Psychology Society*, 4-7 September 2019, Dubrovnik, Croatia.
34. \*Phipps, D., Hagger, M. S., & **Hamilton, K.** The role of implicit beliefs on behaviour: Examination of a moderation effect. Poster presentation at the *33rd Conference of the European Health Psychology Society*, 4-7 September 2019, Dubrovnik, Croatia.
35. \*Keech, J., Cole, K., Hagger, M. S., **Hamilton, K.** The influence of stress mindsets on physical and psychological wellbeing: Testing a stress beliefs model in police officers using Bayesian path analysis. Paper presented as part of Symposium "The role of mindsets in determining health and wellbeing" at the *Australian Psychological Society College of Health Psychologists Conference*, 25-27 April 2019, Glenelg, South Australia.
36. \***Hamilton, K.**, Keech, J., & Zhu, S. Examining the buffering effect of stress mindsets on the relationship between self-regulatory styles, health-related behaviours, and psychological health. Paper presented as part of Symposium "The role of mindsets in determining health and wellbeing" at the *Australian Psychological Society College of Health Psychologists Conference*, 25-27 April 2019, Glenelg, South Australia.
37. Zhu, S., Ni, S., & **Hamilton, K.** Cognition malleability belief, emotion regulation and adolescent well-being: examining a mediation model among migrant youth. Paper presented as part of Symposium "The role of mindsets in determining health and wellbeing" at the *Australian Psychological Society College of Health Psychologists Conference*, 25-27 April 2019, Glenelg, South Australia.
38. \*Brown, D., Hagger, M. S., & **Hamilton, K.** A qualitative investigation of habit formation in the Australian population. Paper presented at the *Australian Psychological Society College of Health Psychologists Conference*, 25-27 April 2019, Glenelg, South Australia.
39. \*Brown, D., Charlesworth-Paige, J., Hagger, M. S., & **Hamilton, K.** Understanding the role of counter-intentional habits in children's nutrition behaviours. Paper presented at the *Australian Psychological Society College of Health Psychologists Conference*, 25-27 April 2019, Glenelg, South Australia.
40. \*Phipps, D., Hagger, M. S., & **Hamilton, K.** A meta-analysis of implicit and explicit attitudes in children and adolescents. Paper presented at the *Australian Psychological Society College of Health Psychologists Conference*, 25-27 April 2019, Glenelg, South Australia.
41. \*Smith, S., Kroon, J., Schwarzer, R., & **Hamilton, K.** Social-cognitive correlates of oral hygiene behaviours in children aged 2-6 years: A meta-analysis. Paper presented at the *Australian Psychological Society College of Health Psychologists Conference*, 25-27 April 2019, Glenelg, South Australia.
42. **Hamilton, K.**, Demant, D., Peden, A. E., & Hagger, M. S. A systematic review of human behaviour in and around floodwater. Paper presented at the *40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine*, 6-9 March 2019, Washington DC, USA.
43. \***Hamilton, K.**, Brown, D., & Hagger, M. S. Testing an integrated model of nutrition behaviour in a sample of Australian children. Poster presented at the *40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine*, 6-9 March 2019, Washington DC, USA.

## **2018**

44. \***Hamilton, K.**, Brown, D., Weinbrecht, T., & Morrissey, S. Developing undergraduate psychology students' professional self-efficacy and identity: A qualitative analysis of a work integrated learning course. Paper presented at the *ACEN 2018 Conference 'WIL: Creating Connections, Building Futures'*, 3-5 October 2018, Brisbane, Australia.
45. \*Brown, D., Hagger, M. S., & **Hamilton, K.** Exploring a laypersons understanding of health-habit formation: a network

diagram approach. Poster presentation at the *32th Conference of the European Health Psychology Society*, 21-25 August 2018, Galway, Ireland.

46. \*Brown, D., Hagger, M. S., & **Hamilton, K.** Testing a three-phase integrated model of health behaviour for binge drinking and dental flossing. Paper presentation at the *32th Conference of the European Health Psychology Society*, 21-25 August 2018, Galway, Ireland.
47. \***Hamilton, K.**, Trost, N., Keech, J., Chan, D., & Hagger, M. S. Testing an integrated dual process, dual phase model for sugar consumption among university students. Paper presentation at the *32th Conference of the European Health Psychology Society*, 21-25 August 2018, Galway, Ireland.
48. Round Table at the *32th Conference of the European Health Psychology Society*, 21-25 August 2016, Galway, Ireland.
49. Scheerman, J., Pakpour, A., Sharif, O., **Hamilton, K.** A social media-based program improved oral hygiene and oral health. Poster presented at the *International Association for Dental Research*, 25-28 July 2018, London, UK.
50. Zhu, S., Ni, S., & **Hamilton, K.** Cognition malleability belief, emotion regulation and adolescent wellbeing: The mediation model among migrant youth. Paper presented at the *16th ISQOLS Annual Conference*, 14-16 June 2018, Hong Kong, China.
51. \***Hamilton, K.**, Gibbs, I., Keech, J., & Hagger, M. S. Predicting heavy episodic drinking in young Australian university students: A dual process approach. Paper presented as part of Symposium "Applications of integrated social cognitive theories in predicting and changing health behavior" at the *Society of Behavioral Medicine*, 11-14 April 2018, New Orleans, USA.
52. \*Keech, J., Hagger, M. S., O'Callaghan, F., & **Hamilton, K.** The influence of university students' stress mindsets on health and performance outcomes. Poster presentation at the *Society of Behavioral Medicine*, 11-14 April 2018, New Orleans, USA.
53. **Hamilton, K.** Avoidance of high risk habits: Approaches to habit cessation and non-starting. Invited Symposium "The overwhelming burden of oral cancer in Nepal: causes, challenges and solutions" presented at the *International Cancer Conference*, 18-20 January 2018, Kathmandu, Nepal.

## **2017**

54. **Hamilton, K.**, & Schwarzer, R. Making plans to facilitate young children's physical activity: The role of psycho-social mediators and moderators. Paper presented at the *Finland Health Psychology Conference*, 31 October – 1 November 2017, Helsinki, Finland.
55. \***Hamilton, K.**, Peden, A., Keech, J., & Hagger, M. S. Changing people's attitudes and beliefs toward driving through floodwaters: evaluation of a video infographic. Paper presentation at the *World Conference on Drowning Prevention*, 17-19 October 2017, Vancouver, Canada.
56. \***Hamilton, K.**, Peden, A., Keech, J., Shelby, P., & Hagger, M. S. To drive or not to drive: understanding people's behavioural decision making in vehicles around floodwater. Paper presentation at the *World Conference on Drowning Prevention*, 17-19 October 2017, Vancouver, Canada.
57. \***Hamilton, K.**, Keech, J., Peden, A., & Hagger, M. S. Investigating the correlates of alcohol use and aquatic injury and drowning: a systematic review. Poster presentation at the *World Conference on Drowning Prevention*, 17-19 October 2017, Vancouver, Canada.
58. O'Connor, E., **Hamilton, K.**, O'Shea, A., Weinbrecht, T. WIL it work? A review of the models, challenges, and benefits of work integrated learning (WIL) in Australian undergraduate psychology training. Roundtable presented at the *AusPlat Conference*, 15-17 September 2017, Ipswich, Australia
59. \*Keech, J. Pearson, R. & **Hamilton, K.** Do you have a secret? Investigating how "silent stressors" can affect health and wellbeing. Paper presented at the *Australasian Society of Behavioural Health and Medicine and Australian Psychological Society College of Health Psychologists Conference*, 13-15 July 2017, Gold Coast, Australia.
60. \*Keech, J., Peden, A., Smith, S., & **Hamilton, K.** Driver floodwater rescues: The lived experience of emergency services personnel. Paper presented at the *Australasian Society of Behavioural Health and Medicine and Australian Psychological Society College of Health Psychologists Conference*, 13-15 July 2017, Gold Coast, Australia.
61. \***Hamilton, K.**, Kirkpatrick, A., Rebar, A., & Hagger, M.S. Child sun safety: Application of an integrated behaviour change model. Paper presented at the *Australasian Society of Behavioural Health and Medicine and Australian Psychological Society College of Health Psychologists Conference*, 13-15 July 2017, Gold Coast, Australia.
62. \*Brown, D., Hagger, M. S., Morrissey, S., & **Hamilton, K.** Testing an integrated model of eating behaviours in Australian long-haul truck drivers: The role of past behaviour. Poster presented at the *Australasian Society of Behavioural Health and Medicine and Australian Psychological Society College of Health Psychologists Conference*, 13-15 July 2017, Gold Coast, Australia.
63. **Hamilton, K.**, & Hagger, M. S. Being active in pregnancy: theory-based predictors of physical activity among pregnant women. Poster presented at the *38th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine*, 29 March – 1 April 2017, San Diego, CA. *Annals of Behavioral Medicine*, 2017: 51, S1285-S1285.

## **2016**

64. \*Arnautovska, U., Fleig, L., O'Callaghan, F., & **Hamilton, K.** Older adults and physical activity: A longitudinal investigation using a dual-process model. Paper presentation at the *International Congress of Behavioral Medicine*, 7-10 December 2016, Melbourne, Australia.
65. \*Brown, D., Morrissey, S., Hagger, M. S., & **Hamilton, K.** Testing a multi-phase, multi-theory model of health behaviour: Exploring fruit and vegetable consumption in long-haul drivers. Paper presentation at the *International Congress of Behavioral Medicine*, 7-10 December 2016, Melbourne, Australia.
66. \*Keech, J., O'Callaghan, F., Hagger, M. S., & **Hamilton, K.** Stress mindset and stress-related outcomes: A model of deliberative and implicit influences on behavioural mediators. Poster presentation at the *International Congress of Behavioral Medicine*, 7-10 December 2016, Melbourne, Australia.

67. **\*Hamilton, K.**, Bonham, M., Bishara, J., Kroon, J., & Schwarzer, R. Translating dental flossing intentions into behaviour: A longitudinal investigation of the mediating effect of planning and self-efficacy. Paper presentation at the *International Congress of Behavioral Medicine*, 7-10 December 2016, Melbourne, Australia.
68. **\*Hamilton, K.**, Price, S., Keech, J., Peden, A., & Hagger, M. S. Avoiding driving through floodwater: a belief elicitation study. Rapid Poster presentation at the *International Congress of Behavioral Medicine*, 7-10 December 2016, Melbourne, Australia.
69. Mullan, B., Allom, V., Gardner, B., Kothe, E., Giglia, R., & **Hamilton, K.** Using intervention mapping to design a habit based healthy eating intervention for parents and toddlers. Rapid communication poster presentation at the *International Congress of Behavioral Medicine*, 7-10 December 2016, Melbourne, Australia.
70. **\*Hamilton, K.**, Orbell, S., Bonham, M., J., Kroon, J., & Schwarzer, R. Dental flossing and habit: A longitudinal moderated mediation analysis. Paper presentation at the *Gold Coast Health and Medical Research Conference*, 1-2 December 2016, Gold Coast, Australia.
71. **\*Hamilton, K.**, Peden, A., Keech, J., & Hagger, M. S. Driving through floodwater: exploring driver decisions through the lived experience. Paper presentation at the *30th Conference of the European Health Psychology Society and British Psychological Society Division of Health Psychology*, 23-27 August 2016, Aberdeen, Scotland.
72. Morrissey, S., **Hamilton, K.**, & Weinbrecht, T. Facilitating psychological literacy in 3rd year undergraduate students through university-industry work integrated learning. Paper presentation at the *31st International Congress of Psychology*, 24-29 July 2016, Tokyo, Japan.
73. Zhou, G., Yiqun, G., Knoll, N., Schwarzer, R., & **Hamilton, K.** Self-efficacy, planning, and action control in an oral self-care intervention. Paper presentation at the *31st International Congress of Psychology*, 24-29 July 2016, Tokyo, Japan.
74. Brown, W., **Hamilton, K.**, Hagger, M. S. Predicting intrinsic motivation of soldiers in commanding and pressuring environments. Poster presented at the *Triservice Nursing Research Program (TSNRP) Research and EBP Grant Camp*, 11-15 July 2016, North Island Naval Air Station, San Diego, CA.

## **2015**

75. **\*Hamilton, K.**, Henderson, J. & Hagger, M. S. Discussing life-style behaviours in general practice: a qualitative investigation exploring the perspectives of General Practitioners. Paper presentation at the *Gold Coast Health and Medical Research Conference*, 3-4 December 2015, Gold Coast, Australia.
76. **\*Henderson, J., & Hamilton, K.** Antecedents of physical activity intentions and behaviour among pregnant women. Poster presented at the *50th Annual Australian Psychological Society Conference*, 29 September – 2 October 2015, Gold Coast, Australia.
77. Sainsbury, K., Kothe, E., Mullan, B., Hagger, M. S., & **Hamilton, K.** Effective behaviour change techniques in health behaviour change interventions: a review of meta-analyses. Paper presentation at the *29th Conference of the European Health Psychology Society*, 1-5 September 2015, Limassol, Cyprus.
78. **\*Hamilton, K.**, Hagger, M. S., & Henderson, J. A qualitative investigation exploring how health-promoting behaviours are discussed in general practice. Paper presentation at the *29th Conference of the European Health Psychology Society*, 1-5 September 2015, Limasol, Cyprus.
79. **\*Arnautovska, U., Hamilton, K.** Active ageing: towards an integrated model of physical activity among older adults. Paper presentation at the *29th Conference of the European Health Psychology Society*, 1-5 September 2015, Limassol, Cyprus.
80. **\*Hamilton, K.**, Pearson, M., & Peden. Stop there's water on the road! Developing theory-based messages to prevent people driving through flooded waterways. Paper presentation at the *World Conference on Drowning Prevention*, 4-6 November 2015, Penang, Malaysia.
81. **\*Hamilton, K.**, & Vayro, C. Developing theory-based healthy eating messages for long-haul truck drivers: a three-phased formative research approach. Paper presentation at the *Australian Psychological Society Health Psychology Conference*, 10-11 April 2015, Sydney, Australia.
82. White, K. M., Starfelt, L., Young, R. McD., Hawkes, Anna L., Leske, S., & **Hamilton, K.** (2015). Identifying the beliefs prompting change in a high school-based sun protection intervention. Paper presentation at the *Australian Psychological Society Health Psychology Conference*, 10-11 April 2015, Sydney, Australia.
83. **\*Hamilton, K.**, & Pearson, M. What drives people to drive through flooded waterways. Paper presentation at the *Australasian Society for Behavioural Health and Medicine Conference*, 11-13 February 2015, Perth, Australia.

## **2014**

84. **\*Arnautovska, U., Hamilton, K., Occhipinti, S.** Why physical activity matters for older adults and what it means for them? Paper presentation at the *Gold Coast Health and Medical Research Conference*, 4-5 December 2014, Gold Coast, Australia.
85. **\*Keech, J.J., Hamilton, K., Caudwell, K. M., & Hagger, M.S.** Explicit and implicit motives toward reducing pre-drinking in young undergraduate students. Paper presentation at the *Gold Coast Health and Medical Research Conference*, 4-5 December 2014, Gold Coast, Australia.
86. **\*Hamilton, K.**, Spinks, T., White, K. M., Kavanagh, D., & Walsh, A. Parental attitudes, beliefs and motivations toward young children's active and sedentary behaviours. Paper presentation at the *Gold Coast Health and Medical Research Conference*, 4-5 December 2014, Gold Coast, Australia.
87. **Hamilton, K.**, White, K. M., Hawkes, A., & Cleary, C. Keeping kids sun safe: exploring parents' beliefs about their young child's sun-protective behaviours. Poster presentation at the *28th Conference of the European Health Psychology Society*, 26-30 August 2014, Innsbruck, Austria.
88. **\*Arnautovska, U., Hamilton, K., Occhipinti, S.** Understanding older adults' physical activity engagement: meanings, motivations, and ageing-related influences. Poster presentation at the *15th International Mental Health Conference*, 25-27 August 2014, Gold Coast, Australia.

89. Morrissey, M., O'Donovan, A., Eaton, R., Hawke, A., Murphy, K., Hood, M., **Hamilton, K.**, Farrell, L., Weinbrecht, T., Ellul, M., & Lizzio, A. Integrating psychological literacy and senses of success in psychology students. Paper presented at *APS Annual Conference*, 30 September – 3 October 2014, Hobart, Australia.
90. \***Hamilton, K.**, & Schmidt, H. Drinking and swimming: investigating young Australian males' intentions to engage in recreational swimming while under the influence of alcohol. Paper presentation at the *Australasian Society for Behavioural Health and Medicine Conference*, 12-14 February 2014, Auckland, New Zealand.

### **2013**

91. \***Arnautovska, U.**, **Hamilton, K.**, Occhipinti, S. Active ageing: What do older adults consider important for their physical activity engagement? Paper presentation at the *Australian Psychological Society Psychology and Ageing Interest Group Conference*, 15-16th November 2013, Melbourne, Australia.
92. \***Arnautovska, U.**, **Hamilton, K.**, & Occhipinti, S. (2013). Active ageing: How can environmental design and psychology work hand in hand? *Creative Innovation through Cross Fertilisation Symposium, a Queensland College of Art and Griffith University Postgraduate Student Association initiative*, 8-10th July 2013, Brisbane.
93. \***Hamilton, K.**, & Schmidt, H. Critical beliefs underlying young Australian males' intentions to engage in recreational swimming while under the influence of alcohol. Paper presentation at the *Gold Coast Health and Medical Research Conference*, 28-29 November 2013, Gold Coast, Australia.
94. **Hamilton, K.**, Farrell, L.J., Morrissey, S., O'Donovan, A., Ellul, M., & Weinbrecht, T. Increasing work readiness and psychological literacy of Australian psychology undergraduates through a capstone and work-integrated learning experience. Symposium Paper presentation at the *48th Annual Australian Psychological Society Conference*, 8-12th October 2013, Cairns, Australia.
95. Walsh, A., Hyde, M., **Hamilton, K.**, & White, K. M. Factors influencing Australian parents seeking/using online child health information: a theoretical exploration. Paper presentation at the *4th International Congress on Paediatric Nursing*, 24-27 August 2013, Melbourne, Australia.
96. **Hamilton, K.**, Cormie, P., Chambers, S., Legg, M. A Qualitative Study on Sexuality Concerns of Men on Androgen Suppression Therapy. Paper presentation at the *27th Conference of the European Health Psychology Society*, 16-20 July 2013, Bordeaux, France.
97. **Hamilton, K.**, White, K. M., Kavanagh, D., & Walsh, A. Starting early to combat obesity: examining parents' decisions for their young child's physical activity-related behaviour. Paper presentation at the *27th Conference of the European Health Psychology Society*, 16-20 July 2013, Bordeaux, France.
98. **Hamilton, K.**, Cormie, P., Chambers, S., Legg, M. Sexuality concerns during androgen suppression therapy: perspectives from patient and partner in relation to social support. Poster presentation at the *ANZUP Annual Scientific Meeting*, 14-16 July 2013, Gold Coast, Australia.
99. **Hamilton, K.**, & White, K. M. Applying theory to understanding the health decisions of parents and their children. Paper presented at the *Inaugural APS Health Psychology Conference*, 5-6 April 2013, Cairns, Australia.
100. White, K. M., Young, R. McD., Hawkes, Anna L., Leske, S., Starfelt, L., & **Hamilton, K.** Determinants of Australians' sun safety decisions: a research program of qualitative, quantitative and intervention studies. Paper presentation at the *11th Behavioural Research in Cancer Control Conference*, 8-10 May 2013, Adelaide, Australia.

### **2012**

101. **Hamilton, K.**, Kavanagh, D. J., & White, K. M. Determining parents' attitudes and beliefs about their young child's physical activity and sedentary-related behaviours. Paper presentation at the *Gold Coast Health and Medical Research Conference*, 29-30 November 2012, Gold Coast, Australia.
102. White, K. M., Young, R. McD., Hawkes, A., **Hamilton, K.**, Starfelt, L., & Leske, S. A randomised controlled trial of a theory-based school intervention to improve sun-protective behaviour among adolescents. Poster presentation at the *International Psycho-Oncology Society Conference*, 13-15 November 2012, Brisbane, Australia.
103. **Hamilton, K.**, Thomson, C., & White, K. M. Investigating mothers' decisions about their child's physical activity and screen time behaviours. Poster presentation at the *4th International Congress on Physical Activity and Public Health*, 31 October – 3 November 2012, Sydney, Australia.
104. **Hamilton, K.**, & White, K. M. Strategies for implementing a parental physical activity intervention: answers to the what and how. Paper presentation at the *26th Conference of the European Health Psychology Society*, 21-25 August 2012, Prague, Czech Republic.
105. White, K. M., **Hamilton, K.**, Young, R. McD., Hawkes, A., Starfelt, L., & Leske, S. Identifying critical sun-protective beliefs among Australian adults. Poster presentation at the *26th Conference of the European Health Psychology Society*, 21-25 August 2012, Prague, Czech Republic.

### **2010**

106. **Hamilton, K.**, & White, K. M. Identifying key belief-based targets for promoting regular physical activity among mothers and fathers with young children. Poster presentation at the *Institute of Health and Biomedical Innovation IHBI Inspires Conference*, 25-26 November 2010, Gold Coast, Australia.
107. **Hamilton, K.**, & White, K. M. Towards a model of parental physical activity: integrating measures of self-determination and planning within the theory of planned behaviour. Paper presentation at the *24th European Health Psychology Society Conference*, 1-4 September 2010, Cluj-Napoca, Romania.
108. **Hamilton, K.**, & White, K. M. Identifying important social influences on parents' intentions to perform regular physical activity. Paper presentation at the *British Psychological Society: Division of Social Psychology*, 7-9 September 2010, Winchester, United Kingdom.
109. **Hamilton, K.**, & White, K. M. Identifying beliefs that differentiate between strong and weak intenders for engaging in regular moderate-intensity physical activity among mothers and fathers with young children. Paper presentation at the *British Psychological Society: Division of Health Psychology*, 15-17 September 2010, Belfast, Ireland.



## **2009**

110. **Hamilton, K.**, & White, K. M. A qualitative study of parental physical activity: exploring the influence of social support and normative expectations. Poster presentation at the *Seventh National Physical Activity Conference*, 14-17 October 2009, Brisbane, Australia.
111. **Hamilton, K.**, & White, K. M. A qualitative study of mothers' perceptions of regular physical activity performance. Poster presentation at the *Heart Foundation Conference*, 14-16 May 2009, Brisbane, Australia.
112. **Hamilton, K.**, & White, K. M. A qualitative analysis of the beliefs and perceptions about physical activity among parents of young children. Paper presentation at the *Society of Australasian Social Psychologists 39th Annual Conference*, 16-19 April 2009, Melbourne, Australia.

## **2007**

113. **Hamilton, K.**, & White, K. M. Adolescents and physical activity: the role of attitudinal, normative and control beliefs. Poster presentation at the *42<sup>nd</sup> Australian Psychological Society Annual Conference: Psychology Making an Impact*, 25-29 September 2007, Brisbane, Australia.
114. **Hamilton, K.**, & White, K. M. Extending the theory of planned behavior: The role of self and social influences in predicting adolescent physical activity. Symposium Paper presentation at the *Society of Australasian Social Psychologists 36th Annual Conference*, 13-15 April 2007, Brisbane, Australia.
115. Chang, A., **Hamilton, K.**, & Tyson, R. Nurses' self-efficacy in evidence-based practice. Paper presentation at *The Joanna Briggs Institute 2007 Biennial International Convention. Pebbles of Knowledge: Evidence for Excellence*, 26-28 November 2007, Adelaide, Australia.

## **2006**

116. Courtney, M., Edwards, H., Chang, A., Parker, T., Finlayson, K., & **Hamilton, K.** Quality of life, exercise endurance and functionality following an intervention to reduce unplanned health service use for older adults: a randomized controlled trial. Paper presentation at the *Sigma Theta Tau 17th International Nursing Research Congress*, 19-22 July 2006, Montreal, Canada.

## **2005**

117. Courtney, M., Edwards, H., Chang, A., Parker, T., **Hamilton, K.**, & Finlayson, K. Improving health and reducing health service use for older adults at risk of hospital re-admission. Paper presentation at the *Proceedings of the International Association of Gerontology 18th World Congress*, 26-30 June 2005, Rio, Brazil.

## **INVITED SPEAKER / WORKSHOP / SEMINAR / LECTURE**

I have given invited addresses in Asia, Canada, Europe, United Kingdom, United States, and across Australia

1. Invited speaker, 9<sup>th</sup> February 2022, Health Psychology Colloquium at the Department of Psychological Sciences, University of California, Merced, USA. *From theory to intervention: application in 'new' health behaviours.*
2. Invited speaker, 9<sup>th</sup> March 2022, Health Sciences Research Institute Health Sciences Symposium at University of California Merced's Annual Research Week, University of California, Merced, USA. *Predicting and promoting COVID-19 preventive behaviors.*
3. Invited seminar, 7<sup>th</sup> December 2021, The Health Psychology Section at the Institute of Psychiatry, Psychology & Neuroscience, King's College London. *Drinking, Driving, and Drowning: Understanding people's decisions in, on, and around water.*
4. Invited workshop, 10<sup>th</sup> November 2021, Stroke Foundation. *Health behaviour change: understanding and applying theory.*
5. Invited Keynote, 3<sup>rd</sup> September 2021, OCURA. *Publishing quality publications.*
6. Invited seminar with Dr Amy Peden, 27<sup>th</sup> August 2021, New South Wales State Emergency Services. *Social Research into Driving into Urban Floodwaters.*
7. Invited e-webinar, 23<sup>rd</sup> April 2021, Association of Social Marketing Management. *Applying theory to behaviour change.*
8. Invited speaker with Dr Jacob Keech (online symposium titled: Health Psychology in COVID-19), 24<sup>th</sup> April 2021, APS College of Health Psychologists. *Predicting and promoting COVID-19 safe behaviours.*
9. Invited speaker with Dr Jacob Keech (online), 24<sup>th</sup> February 2021, Royal Life Saving Society - Australia. *Identifying the psychological and environmental correlates of parents' intentions to enrol their young children to learn to swim for the first time.*
10. Invited workshop, 16<sup>th</sup> November and 16<sup>th</sup> December 2020, Diabetes Queensland and Ethnic Cultural Communities Queensland. *Applying the HAPA to the design of a cultural specific health promotion program.*
11. Invited speaker (with Nicholas Browning, Georgia Hyett, Katherine Pegler, Nicole Spratt, January 2020, Thanyarak Hospital, Drug and Alcohol Rehabilitation Centre, Khon Kaen, Thailand. *Health, psychology, and rehabilitation.*
12. Invited speaker, 14 January 2020, WHO Collaborative Centre for Research and Training on Gender and Women's Health Faculty of Nursing, Khon Kaen University, Thailand. *Models of health behaviour change.*
13. Invited e-seminar, 31 October 2019, Motivation of Health Behaviour (MoHB) Lab, Central Queensland University, Australia. *What makes a strong academic paper?*
14. Invited e-seminar (with Jacob Keech), July 2019, Department of Mines, Industry Regulation and Safety Consumer Protection, Government of Western Australia, Australia. *Understanding consumers' knowledge, beliefs, and attitudes toward portable pool compliance and safety behaviours.*
15. Invited seminar (with Prof Martin Hagger), 14 June 2019, Faculty of Sport and Health Sciences, University of Jyväskylä, Finland. *Integrated models of behaviour change.*
16. Invited workshop, 17 and 24 April 2019, Australian Psychological Society College of Health Psychologists, Brisbane and Adelaide, Australia. *A workshop on scientific writing and publishing.*
17. Invited seminar, 19 September 2018, Sanitarium, Sydney, Australia. *A model for working with industry.*

18. Invited workshop, 16 June 2018, Australian Psychological Society College of Health Psychologists, Perth, Australia. *Health behaviour change.*
19. Invited e-course seminar, 31 May 2018, Australasian Society of Behavioural Health and Medicine. *Building a successful track record: from research outputs to industry collaboration.*
20. Invited speaker, 2 May 2018, Justice Office of Emergency Management, NSW. *New South Wales parents' and carers' beliefs about behaviours around swimming pools.*
21. Invited lecture, 8 and 10 November 2017, Faculty of Sport and Health Sciences, University of Jyväskylä, Finland. *Health behaviour change.*
22. Invited seminar, 23 October 2017, University of British Columbia, Canada. *Applications of Integrated Social Cognitive Theories in Predicting and Changing Health Behaviour.*
23. Invited workshop, 13 July 2017, Australasian Society of Behavioural Health and Medicine and Australian Psychological Society College of Health Psychologists Conference, Gold Coast, Australia. *Building a successful track record: from research outputs to industry collaboration.*
24. Invited seminar, 25 May and 1 June 2017, Hong Kong Baptist University and University of Hong Kong, Hong Kong. *Identifying the beliefs and multiple processes impacting parents' behaviour for their young children's health.*
25. Invited workshop, 23 May 2017, Hong Kong Baptist University, Hong Kong. *Career development workshop.*
26. Invited seminar, 31 May 2016, University of Essex, England, UK. *Using old methods to explore new behaviours.*
27. Invited seminar, 2 May 2016, Freie University, Berlin, Germany. *Exploring a range of projects in multiple behaviours among multiple population groups using multiple theories.*
28. Invited seminar, 22 March 2016, School of Public Health, CERIPH research group, Curtin University, Perth, Australia. *Driving and floods: what we currently know and what we still need to know.*
29. Invited seminar, 18 March 2016, School of Psychology and Speech Pathology, HPBM research group, Curtin University, Perth, Australia. *Driving through floodwater: toward an understanding.*
30. Invited e-course seminar, 10 March 2016, European Health Psychology Society. *The PhD journey and beyond.*
31. Invited speaker, 1 March 2016, NSW State Emergency Services, Sydney, Australia. *Driving through floodwater: bringing behavioural science to drowning prevention.*
32. Invited seminar, 11 June 2014, School of Psychology, HPBM research group, Curtin University, Perth, Australia. *A PhD by publication and beyond: helpful tips and fostering collaborations.*
33. Invited delegate, 22 November 2013, Curtin University, Perth, Western Australia. *Launch and inaugural networking meeting of the Health Psychology Behavioural Medicine (HPBM) research group.*
34. Invited speaker, 29 October 2013, at the Capstones: The time is now! Forum, Griffith University, Brisbane, Australia. *Increasing work readiness and psychological literacy of Australian psychology undergraduates through a capstone and work-integrated learning experience.*
35. Invited seminar, 27 April 2012, Behavioural Basis of Health, Griffith University, Brisbane, Australia. *Who am I and how did I do a PhD by publication.*
36. Invited speaker at the ACHPER QLD Brisbane HPE Conference – Highly Professional Educators, 18-19 August, 2011, Brisbane, Australia. *Improving sun protection behaviours in 12-17 year olds.*
37. Invited lecture, 7<sup>th</sup> August 2008, Griffith University, Brisbane, Australia. *Social and health psychology in action: a research example in the physical activity domain.*

## RESEARCH PROJECTS: GRANTS AND FUNDING

YEAR	AUD	
2022-2023	33,186	Team: <b>K Hamilton</b> , S Smith, J Parkinson, M Tarrant, L Murphy, A Sanders. Source: Griffith University Health Group Seed Grant Project: <i>Living Well After Stroke: Design and Development of a New Digital Service</i>
2022-2023	28,296	Team: <b>V Ross</b> , K Hamilton Source: Sunlight Centre Project: <i>Evaluation of the Sunlight Centre community counselling and mental health services</i>
2022-2025	298,759 Euros	Team: M Hagger, K Knittle, T Lintunen, J Polet, J Schneider, H-M Toivonen, M Hassandra, <b>K Hamilton</b> , D Chan, R Rhodes, S Biddle Source: Academy of Finland: Ministry of Education, Science and Culture Project: A collaborative theory-based intervention to promote physical activity among sedentary parents and their children (ProAct)
2021-2023	53,560	Team: <b>K Hamilton</b> , J Parkinson (co-leads) Source: Stroke Foundation Project: <i>Living well after stroke</i>
2021	35,449	Team: J Parkinson, <b>K Hamilton</b> , N Harris, C Seib. Source: Diabetic Association of Queensland Limited (Diabetes Queensland) Project: <i>Data and health check project</i>
2021	22,311	Team: A Peden, <b>K Hamilton</b> Source: NSW Government Community Resilience Improvement Program Grant Project: <i>Knowledge, perceptions, attitudes and behaviour in relation to driving through urban floodwaters in Newcastle</i>
2020-2021	500,000	Team: J Parkinson, L Ball, <b>K Hamilton</b> , N Harris, S Henderson, A McGuire, S-K Ng, C Seib.

2020	5,600	Source: Diabetic Association of Queensland Limited (Diabetes Queensland) Project: <i>Evaluation of My Health For Life FY21</i> Team: <b>K Hamilton</b> , J Parkinson
2020-2021	9,600	Source: Diabetic Association of Queensland Limited (Diabetes Queensland) Project: Review of HAPA materials for My health for life Team: <b>K Hamilton</b> , N, Johnson, J Keech, M. S Hagger, M Toombs, J Kroon, L Williams, S Smith Source: Alliance for a Cavity Free Future Community Grant. Project: <i>Improving caregiver oral self-care and healthy dietary habits for young Indigenous children: Developing a culturally specific health promotion model</i>
2019-2021	75,936	Team: <b>K Hamilton</b> , N, Johnson, M. S Hagger, M Toombs, J Kroon, L Williams Source: Griffith University Health Group Seed Grant Scheme Project: <i>Improving caregiver oral self-care and healthy dietary habits for young Indigenous children: Developing a culturally specific health promotion model</i>
2019-2021	83,293	Team: <b>K Hamilton</b> , M. S Hagger Source: Sanitarium Project: <i>The role of conscious and non-conscious processes on children's food choices</i>
2019-2021	264,160	Team: Royal Life Saving Society – Australia ( <b>Kyra Hamilton</b> – program evaluation) Source: Move It AUS - Participation Grants Program 2018-19 Project: <i>Swimming Skills for an Active Life</i>
2019-2021	43,869	Team: <b>K Hamilton</b> , A Peden, M Griffiths Source: Royal Life Saving Society – New South Wales Project: <i>Identifying the psychological and environmental correlates of parents' enrolment behaviours in learn to swim lessons for their young children.</i>
2019-2020	AUD 15,000 HKD 47,898	Team: <b>K Hamilton</b> , S Zhu, J Keech, M Hagger, M Zimmer-Gembeck, H Tsang Source: Griffith University (Health) / The Hong Kong Polytechnic University (Faculty of Health and Social Sciences) Collaborative Research Scheme Project: <i>Development of a novel imagery intervention to change implicit theories about willpower: Evaluation in Australian and Chinese university students</i>
2019-2020	20,000	Team: <b>K Hamilton</b> , A Peden Source: Royal Life Saving Society – Australia Project: <i>Understanding risk taking behaviours in young males around water: A qualitative analysis</i>
2019-2020	25,000	Team: <b>K Hamilton</b> , A Peden Source: Royal Life Saving Society – Australia Project: <i>Investigating the physical and mental health impacts of recues on the rescuer: A mix methods design</i>
2019-2020	10,000	Team: <b>K Hamilton</b> , A Peden Source: Royal Life Saving Society – Australia Project: <i>Understanding the knowledge, beliefs, and attitudes of Australian learner drivers toward driving into floodwater</i>
2018-2019	20,480	Team: <b>K Hamilton</b> , A Peden Source: Department of Mines, Industry Regulation and Safety Consumer Protection, Government of Western Australia Project: <i>Understanding consumers' knowledge, beliefs, and attitudes toward portable pool compliance and safety behaviours</i>
2018-2019	19,000	Team: <b>K Hamilton</b> , A Peden Source: Royal Life Saving Society – New South Wales Project: <i>Supervising and restricting young children's access to water: Program evaluation of "Keep Watch"</i>
2018-2019	HKD 50,000	Team: C Zhang, P-K Chung, M Hagger, <b>K Hamilton</b> , L Jingdong Source: Hong Kong Baptist University Faculty Research Grant Project: <i>Neighbour environment, risk of falling, and fall prevention among Hong Kong older adults: a qualitative investigation.</i>
2018-2019	AUD 14,000 HKD 60,000	Team: <b>K Hamilton</b> , S Zhu, M Zimmer-Gembeck, H Tsang Source: Griffith University (Health) / The Hong Kong Polytechnic University (Faculty of Health and Social Sciences) Collaborative Research Scheme Project: <i>Mindsets, individual differences, coping, and health: an investigation among Australian and Hong Kong university students</i>
2018-2019	50,000	Team: M Bird, J Mulford, J Fell, J O'Brien, A Williams, (external adviser <b>K Hamilton</b> ) Source: Funded by the Clifford Craig Medical Research Trust, University of Tasmania Project: <i>Improving physical activity, pain, and function in patients waiting for hip and knee arthroplasty by combining targeted exercise training and with behaviour change counselling</i>
2017-2019	113,260	Team: A Gissing, K Haynes, M Tofa, M Taylor, J O'Brien, <b>K Hamilton</b> , A Peden Source: New South Wales State Emergency Services Project: <i>Project U-turn</i>

2017-2019	20,000	Team: <b>K Hamilton</b> , M Hagger, A Peden Source: Menzies Health Institute Queensland, Griffith University (\$10,000) and Royal Life Saving Society – Australia (\$10,000) Project: <i>Changing driver behaviour during floods: testing a novel e-health intervention using implementation imagery</i>
2017-2018	10,000	Team: <b>K Hamilton</b> , A Peden Source: Royal Life Saving Society – Australia Project: <i>Parents' and carer' beliefs about behaviours around swimming pools</i>
2017-2018	7210	Team: <b>K Hamilton</b> , M Hagger, A Peden, J Keech Source: School of Applied Psychology, Griffith University (\$4710) and Royal Life Saving Society – Australia (\$2500) Project: <i>Effects of message framing in drowning prevention communication: a temporal and self-regulatory framework</i>
2017-2018	3340	Team: N Loxton, <b>K Hamilton</b> , K Modecki Source: School of Applied Psychology, Griffith University Project: <i>Alcohol consumption and university students: what changes over time?</i>
2016-2018	5000	Team: <b>K Hamilton</b> , S Morrissey, T Weinbrecht Source: School of Applied Psychology, Griffith University, Course Development and Teaching grant Project: <i>Assessing graduate employability in final year psychology undergraduate students</i>
2017-2018	78,390	Team: A Waters, C Donovan, L Farrell, M Zimmer-Gembeck, Usher, K Modecki, S Spence, Homel, D Scuffham & <b>the Healthy Young Minds Research Group</b> Source: Griffith University, Menzies Health Institute of Queensland. Project: <i>Building the healthy young minds and bodies online tool: Towards a science-to-service model of care for young people</i>
2016-2017	14,000	Team: <b>K Hamilton</b> , M Hagger, A Peden Source: Royal Life Saving Society – Australia (\$10,000) and School of Applied Psychology, Griffith University (\$4000) Project: <i>A review of personal, social, and environmental factors associated with lifejacket wear in adults and children</i>
2016-2017	19,850	Team: B. M Gillespie, A Marshall, <b>K Hamilton</b> , J Lavin, T Gardiner, Source: Australian College of Operating Nurses (ACORN) Project: <i>Implementation of behaviour change strategies to improve the utilisation of the WHO surgical safety checklist protocol: a process evaluation</i>
2015-2016	12,000	Team: <b>K Hamilton</b> , M Hagger, A Peden Source: Menzies Health Institute Queensland, Griffith University, New Researcher Grant Project: <i>Investigating the impact of alcohol-related drowning prevention interventions: a systematic literature review</i>
2015-2016	10,505	Team: <b>K Hamilton</b> , A Peden Source: Royal Life Saving Society – Australia Project: <i>Driving through flooded waterways: exploring driver and emergency personnel experiences</i>
2015-2016	7000	Team: <b>K Hamilton</b> , B Mullan, E Kothe, B Gardner Source: Menzies Health Institute Queensland, Griffith University, Seed Funding Grant Project: <i>Strategies for developing and delivering a parent-child healthy eating habits intervention: answers to issues about acceptability and feasibility</i>
2014-2017	565,000	Team: D Galvao, S Chambers, R Newton, R Gardiner, P Cormie, N Spry, D Taaffe, D Joseph, <b>K Hamilton</b> Source: NHMRC - APP1067696 Project: <i>Improving sexual health in men with prostate cancer: randomised controlled trial of exercise and psychosexual therapies</i>
2014-2015	10,182	Team: M Hagger, <b>K Hamilton</b> Source: Behavioural Basis of Health, Griffith University and Research Allocation Fund (RAF) grant, Curtin University Project: <i>Identifying the behaviour modification strategies most effective in changing the 'big four' health-promoting behaviours: increasing physical activity, healthy eating, alcohol reduction, and smoking cessation</i>
2013	6500	Team: <b>K Hamilton</b> , K White, A Hawkes Source: Griffith Health Institute (GHI), Griffith University, New Researcher Grant Project: <i>Keeping kids sun safe: exploring parents' beliefs about their young child's sun-protective behaviours</i>
2012	10,000	Team: L Farrell, <b>K Hamilton</b> , S Morrissey, A O'Donovan, T Weinbrecht. Source: School of Applied Psychology, Griffith University, Strategic Cash Surplus Funds Project: <i>Developing measures to assess psychological literacy and work readiness in final year undergraduate psychology students</i>
2012	5000	Team: <b>K Hamilton</b> .



2012-2016	399,836	<p>Source: School of Applied Psychology, Griffith University, Small Grants Scheme  Project: <i>An early start to combat obesity: examining parents' decisions for their young child's physical activity and sedentary-related behaviours</i>  Team: D Kavanagh, <b>K Hamilton</b>, A Marshall, J Milgrom, H Rowe, J Fisher, A Wittkowski, P Scuffham, L Davis, A Walsh, A Chang, K White, L Hides, L Daniels.</p> <p>Source: BeyondBlue - KAVA11NPD  Project: <i>Promoting perinatal mental health and wellbeing: development and evaluation of screening and intervention programs for both parents, using the Internet and text messages (SMSs)</i></p>
2011	5000	<p>Team: <b>K Hamilton</b>, D Kavanagh, K White.  Source: School of Psychology and Counselling, Queensland University of Technology, Internal Research Grant  Project: <i>Exploring parents' beliefs about their young child's physical activity and sedentary behaviours</i></p>
2011	2000	<p>Team: K White, <b>K Hamilton</b>, C Thompson  Source: School of Psychology and Counselling, Queensland University of Technology, Manuscript Completion Assistance (MCA) Grant to write up 4<sup>th</sup> year honours thesis  Outcomes: Acceptance for publication of 2 peer-reviewed journal articles</p>
2006	2000	<p>Team: K White, <b>K Hamilton</b>  Source: School of Psychology and Counselling, Queensland University of Technology, Manuscript Completion Assistance (MCA) Grant to write up 4<sup>th</sup> year honours thesis  Outcomes: Acceptance for publication of 1 peer-reviewed journal article and 1 conference proceedings paper</p>

### TRAVEL AND EQUIPMENT: GRANTS AND FUNDING

YEAR	AUD	
2018	€1,100	<p>Team: <b>K Hamilton</b>  Source: (European Health Psychology Society), Synergy Expert Meeting grant  Outcomes: Attendance at the 2018 Synergy Expert Meeting, 21-25 August 2016, Galway, Ireland</p>
2017	3190	<p>Team: <b>K Hamilton</b>  Source: School of Applied Psychology, Griffith University – Laboratory Funds</p>
2017	2965	<p>Team: <b>K Hamilton</b>  Source: School of Applied Psychology, Griffith University – Strategic Conference and Travel fund</p>
2016	2150	<p>Team: <b>K Hamilton</b>  Source: School of Applied Psychology, Griffith University – Laboratory Funds</p>
2013–2016	5000	<p>Team: <b>K Hamilton</b>  Source: Griffith University – Joint Research Engagement (JRE)</p>
2014	300	<p>Team: <b>K Hamilton</b>  Source: ASBHM (Australasian Society for Behavioural Health and Medicine) Travel Grant, (\$300)  Outcomes: Attendance ASBMH conference 12-14 February, Auckland, New Zealand</p>
2013	3000	<p>Team: <b>K Hamilton</b>  Source: Cancer Council Queensland Travel Grant  Outcomes: Attendance at the 2013 EHPS (European Health Psychology Society) conference, 16-20 July, Bordeaux, France</p>
2010	2000	<p>Team: K Hamilton  Source: Faculty of Health, Queensland University of Technology, Conference Grant-in-aid funding  Outcomes: Attendance at an international conference and presentation of a paper as principal author</p>
2010	1200	<p>Team: K Hamilton  Source: Collaborative Research and Training in the EHPS (European Health Psychology Society), CREATE workshop grant  Outcomes: Attendance at the 2010 CREATE workshop, 29-31 August, Cluj Romania</p>

### OTHER RESEARCH PROJECTS

Examples of Current Projects – For all current projects see <https://hapiresearchlab.com/projects/>

Meta-analyses and Systematic Reviews	Project: Social psychological predictors of influenza protective behaviours: A meta-analysis Project: Beliefs about treatment and illness: A meta-analysis Project: Longitudinal tests of the Theory of Planned Behavior: A meta-analysis Project: Testing the replicability of the Theory of Planned Behavior: A large-scale multi-sample Project: Trait self-control and social cognitive predictors of health behavior: A meta-analysis
Health Behaviour Motivation and Change	Project: Improving caregiver oral self-care and healthy dietary habits for young Indigenous children: Developing a culturally specific health promotion model Project: Investigating explicit and implicit health cognitions across the lifespan Project: "The best laid plan": Do individual differences in planfulness influence the effectiveness of planning interventions Project: Predicting intrinsic motivation in professionals operating in commanding and pressuring environments Project: (multiple projects): Social psychological predictors of COVID-19 preventive behaviours
Accident and Injury Prevention	Project: Identifying the psychological and environmental correlates of parents' enrolment behaviours in learn to swim lessons for their young children Project: Understanding the knowledge, beliefs, and attitudes of Australia learner drivers toward driving into floodwater Project: Understanding risk taking behaviours in young males around water Project: Investigating the physical and mental health impacts of recues on the rescuer
Stress and Health	Project: Understanding how beliefs about stress (stress mindset) influence health and performance outcomes Project: Understanding the impact of silent stressors on health Project: Development and validation of a state-based measure of coping
Learning and Teaching Innovations	Project: Assessing graduate employability in final year psychology undergraduate students Project: Testing a planning intervention to improve student engagement in online learning

#### PREVIOUS RESEARCH ASSISTANT PROJECTS

2011 - 2012	Position: Senior Research Assistant, School of Psychology and Counselling, Queensland University of Technology Project: <i>Psychosocial influences determining Australians' sun safe practices: an examination of attitudes, norms, and control perceptions</i> Funding: Australian Research Council and Cancer Council Queensland Project contact: Prof Katherine White, School of Psychology and Counselling, Queensland University of Technology
2011 - 2012	Position: Senior Research Assistant, School of Nursing and Midwifery, Queensland University of Technology Project: <i>Internet use for child health information: developing and testing a psychosocial model of parents' information seeking behaviours</i> Funding: Institute of Health and Biomedical Innovation (IHBI) Early Research Career grant Project contact: Dr Anne Walsh, School of Nursing and Midwifery, Queensland University of Technology
2010 - 2011	Position: Senior Research Assistant, School of Nursing and Midwifery, Queensland University of Technology Project: <i>Preventing hospital readmissions and loss of functional ability in high-risk older adults: a randomised controlled trial</i> Funding: Australian Research Council Project contact: Prof Anne Chang, School of Nursing and Midwifery, Queensland University of Technology
2010 - 2011 2008 - 2009	Position: Senior Research Assistant, School of Psychology and Counselling, Queensland University of Technology and School of Psychology, University of Queensland. Project: <i>Understanding the reactions of current blood donors and non-donors to an avian influenza pandemic.</i> Funding: Australian Red Cross Blood Service Project contact: A/Prof Barbara Masser, School of Psychology, University of Queensland
2010	Position: Senior Research Assistant, School of Psychology and Counselling, Queensland University of Technology Project: <i>Investigating the impact of lecture podcasts to enhance student learning, flexible access and student engagement</i> Funding: Queensland University of Technology Faculty of Health Teaching and Learning grant Project contact: Dr Nathan Moss, School of Psychology and Counselling, Queensland University of Technology
2006 - 2007	Position: Clinical Nurse – Research, Nursing Research Centre, Mater Health Services Contact: Prof Anne Chang, Nursing Research Centre, Mater Health Services
2006 - 2007	Position: Senior Research Assistant, School of Nursing and Midwifery, Queensland University of Technology Project: <i>Comprehensive discharge-planning and in-home follow-up for older adults incorporating exercise strategies to avoid de-conditioning and reduce risk of hospital re-admission</i> Funding: Australian Research Council Project contact: Prof Mary Courtney, School of Nursing and Midwifery, Queensland University of Technology

2006 - 2007 Position: Research Assistant, Queensland University of Technology, School of Psychology & Counselling  
Project: *Psychosocial factors influencing mobile phone use while driving*  
Funding: Australian Transport Safety Bureau  
Project contact: Dr Shari Walsh, School of Psychology and Counselling, Queensland University of Technology

## STUDENT RESEARCH PROJECTS AND SUPERVISION

### Honours Students (N=34, 32 completed)

**Tracey Leach, TBC. Kate Knapasjo, TBC. Nicholas Browning**, *The role of implicit and explicit affect in predicting physical activity* (completed 2021). **Nicola Sutherland**, *Predicting parents' intentions to get the novel Covid-19 vaccine: the role of socio-political beliefs* (completed 2021). **Kalen Peterson**, *Predicting intentions of young university students to receive the COVID-19 vaccine within the next 12 months* (completed 2021). **Derek McLennan**, *The impact of a self-control intervention to reduce smartphone social media use on sleep quality* (completed 2020). **Kim Dunn**, *Exploring parents' beliefs about portable-pool safety behaviours and compliance* (completed 2019). **Karan Lal**, *Investigating the role of habit and intention in the relationship between past and future behaviour* (completed 2019). **Shantell Jensen**, *A qualitative investigation of vaccination adherence in rural and remote Queensland* (completed 2019). **Michelle Henson**, *A contemporary state-based measure of cognitive and behavioural coping strategies* (completed 2019). **Toni Baker**, *The mediating and moderation roles of habit and self-control on physical activity in adolescence* (completed 2018). **Jessica-Paige Charlesworth**, *Do habits supersede intentions? The role of counter-intentional habits in children's nutrition behaviours* (completed 2018). **Kailas Jenkins**, *Self-efficacy and social support as predictors for health behaviours* (completed 2018). **Sabryna Sass**, *"The best laid plans": Do individual differences in planfulness influence the effectiveness of planning interventions?* (completed 2018). **Amelia-jane Savage**, *Predicting bootcamp attendance: investigating the interactive effects of planning and habit* (completed 2017). **James Rowe**, *Grit-effort and self-discipline as predictors of effort and attendance rates in bootcamps: a mediation analysis* (completed 2017). **Caitlin Wendt**, *Using a reflective impulsive model to investigate binge drinking in university students* (completed 2017). **Candice Fernner**, *Drinking and swimming: investigating message framing in a temporal and self-regulation context* (completed 2017, Masters of Clinical Psychology at Griffith University). **Stephen Cornish**, *Prediction of parental decisions for childhood oral health from beliefs, roles, and moral norms: application of an extended Theory of Planned Behaviour* (completed 2016). **Shelby Price**, *Drivers' experiences during floods: Exploring beliefs underpinning decisions to avoid driving through floodwater* (completed 2016, Masters of Clinical Psychology at Australian Catholic University). **Kaamna Deo**, *Forming habits: An investigation of simple cues on health behaviour change* (completed 2016, Masters of Clinical Psychology at University Southern Queensland). **Isabelle Gibbs**, *Heavy episodic drinking: A dual systems approach* (completed 2016). **Mikaela Bonham**, *Investigating interdental cleaning among undergraduate students: Integrating the theory of planned behaviour and habit strength* (completed 2015, Clinical PhD at Griffith University). **Jason Bishara**, *Investigating the role of intention, action planning and action control on interdental cleaning* (completed 2015). **Aaron Kirkpatrick**, *Using a Theory of Planned Behaviour-Based Approach to Investigate Parental Decision's about their Young Child's Sun-Protective Behaviour* (completed 2015, Griffith University Award, Masters of Clinical Psychology at Griffith University). **Joanne Henderson**, *Development of theory-based physical activity health messages for pregnant women* (completed 2015, Masters of Clinical Psychology at Griffith University). **Caitlin Vayro**, *Investigating the eating decisions of long-haul truck drivers* (completed 2014, PhD at University of Southern Queensland). **Jacob Keech**, *Implicit and explicit motives toward reducing pre-drinking in young Australian university students* (completed 2014, PhD at Griffith University). **Madeline Ray**, *An application of the theory of planned behaviour applied to university students' pre-loading behaviours* (completed 2014, Masters of Clinical Psychology at University of Southern Queensland). **Eloise Cowie**, *Investigating the decisions for physical activity engagement among first-in-family students transitioning to university: the role of planning, self-identity, and social support* (completed 2013, DPpsych at Queensland University of Technology). **Teagan Spinks**, *Investigating Mothers' decisions to give their 2-3 year old child a nutritionally balanced diet: a Theory of Planned Behaviour approach* (completed 2013, Masters of Clinical Psychology at Bond University). **Marti Pearson**, *Understanding the decision making processes of individuals who drive through flooded waterways* (completed 2013). **Hanna Schmidt**, *Drinking and swimming: investigating the factors that influence Australian males' intentions to engage in recreational swimming while under the influence of alcohol* (completed 2012, Masters of Organisational Psychology at Griffith University). **Courtney Thomson**, *Investigating parents' decisions regarding their child's health behaviours using the Theory of Planned Behaviour* (completed 2010).

### Masters Students (N=10, 9 completed)

**Daniel Dawson**, *Australian bariatric surgery Facebook groups: a content analysis* (Principal Supervisor, Masters in Clinical Psychology). **Michelle Henson**, *The impact of including a dog in clinical therapy sessions: a clinical controlled trial assessing the difference in attrition rate and DASS scores between therapy sessions with an without a dog present* (Associate Supervisor with Dr Mandy Cassismatis (PI), Masters in Clinical Psychology). **Hei Tung Heather Ng**, *Testing the mediation effect of psychological well-being on the relationship between sleep hygiene and academic engagement in Australian and Hong Kong University students* (Principal Supervisor, Masters in Organisational Psychology, completed 2019). **Kaitlyn Cole**, *Protective factors against police burnout* (Principal Supervisor, Masters in Organisational Psychology, completed 2018). **Aaron Kirkpatrick**, *TBA* (Principal Supervisor, Masters in Clinical Psychology, completed 2017). **Emily Fraser**, *A work-place intervention to increase step counts among sedentary office workers* (Principal Supervisor, Masters in Organisational Psychology, completed 2017). **Emma Burton**, *Discussing lifestyle behaviours and mental health issues in general practice: exploring the perspectives of General Practitioners* (Associate Supervisor with Prof Hagger (PI) [Curtin University], Masters in



Clinical Psychology, completed 2016). **Hanna Schmidt**, *Engaging parents of young children in library programs in a low a SES area* (Principal Supervisor, Masters in Organisational Psychology, completed 2016). **Vanina Marietti**, *Complementary and Alternative Medicine: perceptions of individual personal use and psychologist clinical practice use* (Principal Supervisor, Masters in Clinical Psychology, completed 2015). **Nadine Trost**, *Implicit attitudes towards high-sugar foods and its effects on sugar consumption behaviours* (Associate Supervisor with Profs de Vries [Maastricht University] and Hagger [Curtin University] Co-principal Supervisors, Master of Health Education and Promotion, Maastricht University, completed 2015).

#### **PhD Students** (N=20, 8 completed)

**Minalli Vasandani Goswami**, *TBC* (Principal Superior with Drs Jeroen Kroon and Stephanie Smith); PhD). **Karen Wildman**, *TBC* (Principal Superior with Drs Kathryn Modecki and Jacob Keech); PhD). **Nicholas Browning**, *TBC* (Principal Superior with Drs Kathryn Modecki, Daniel Phipps, and Ryan Rhodes); PhD). **Lauren McKinley**, *TBC* (External Supervisor with Dr Martin Hagger (PI) [University of California, Merced]; PhD). **Jay Naidu**, *Sustainability of mental health-related transformative service outcomes amongst high-risk consumers* (Co-Principal Superior with Dr Joy Parkinson; PhD). **Alicia Tennie**, *Managing children's chronic illness during the coronavirus disease 2019 pandemic and beyond: Understanding parents' social cognitions and illness management behaviours*. (Principal Superior with Drs Joy Parkinson and Thomas Hannan; PhD). **Mac Thi Nhung**, *Promoting compliance behaviours in the time of the COVID-19 pandemic* (Co-Principal Superior with Dr Joy Parkinson; PhD). **Theo Noorderover**, *Towards a physically more active lifestyle based on one's own values: the results of a randomized controlled trail among physically inactive students* (External Supervisor with Dr Kenn Konstabel (PI) [University of Tartu]; PhD). **Charlene Wright**, *Enhancing obesity management using mHealth: supporting behaviour change to improve long term outcomes* (Principal Superior with Drs Katherine Campbell and Jamion Kelly; PhD). **Sabryna Sas**, *TBC* (Principal Supervisor with Drs Lacey Schaefer and Martin Hagger; PhD). **Kailas Jenkins**, *TBC* (Principal Supervisor with Drs Jena Buchan and Ryan Rhodes; PhD). **Nicole Trewick**, *Performance and the psychological experience of exercise within a virtual reality environment* (Associate Supervisor with Dr David Neumann (PI); PhD in Clinical Psychology). **Daniel Phipps**, *Investigating the role of implicit and explicit processes in health behaviours* (Principal Supervisor with Drs Kathryn Modecki and Martin Hagger; PhD, conferred 17<sup>th</sup> February 2022). **Stephanie Smith**, *Prompting parental supervision of oral self-care in young children: development and evaluation of a self-regulatory intervention* (Principal Supervisor with Drs Jeroen Kroon and Ralf Schwarzer; PhD, conferred 11<sup>th</sup> January 2022). **Roshan Rigby**, *Understanding the application of behaviour change science to diabetic practice* (Associate Supervisor with Drs Lauren Williams (PI), Lana Mitchell, and Lauren Ball; PhD, conferred 2<sup>nd</sup> December 2021). **Daniel Brown**, *Investigating the role of past behaviour and habits in health behaviour* (Principal Supervisor with Drs Shirley Morrissey and Martin Hagger; PhD in Clinical Psychology, conferred June 2020). **Jacob Keech**, *The influence of stress mindset on health and performance: Advancing theory, measurement, and intervention* (Principal Supervisor with Drs Fran O'Callaghan and Martin Hagger; PhD, conferred 15<sup>th</sup> October 2019). **Eloise Cowie**, *Examining physical activity, psychological wellness, and family relationships among parents of young children* (Associate Supervisor with Dr Katherine White (PI); DPsych, Queensland University of Technology, conferred 18<sup>th</sup> July 2017). **Urska Arnautovska**, *Physical activity and ageing: An investigation of a dual-process approach* (Principal Supervisor with Dr Fran O'Callaghan; PhD, conferred 15<sup>th</sup> March 2017). **Tatjana Dordic**, *Interprofesional practice: exploring perceptions of effectiveness across stakeholders and contexts* (Associate Supervisor with Dr Liz Jones (PI); PhD in Clinical Psychology, conferred 19<sup>th</sup> June 2015).

#### SCHOLARSHIPS, PRIZES, AWARDS, AND NOMINATIONS

2021	Griffith University, School of Applied Psychology, Research Excellence Award, Publication Citation Award
2020	Griffith University, School of Applied Psychology, Research Excellence Award, Publication Citation Award
2019	Griffith University, School of Applied Psychology, Research Excellence Award, Publication Citation Award
2019	Griffith University, Pro Vice Chancellor (Health) Research Excellence Awards for <i>Excellence in Research Supervision</i> , 2019 [\$5000]
2018	Menzies Health Institute Queensland - Excellence in Publication Award for a paper fulling the criteria of 1) published in one of the top 5 journals by impact factor (Web of Science Journal Citation Reports and 2) achieving a normalised citation impact in the top 5% of articles published in that year [\$2000]
2018	2018 Menzies Health Institute Queensland - Excellence in Publication Award for a paper fulling the criteria of 1) published in one of the top 5 journals by impact factor (Web of Science Journal Citation Reports [\$2000]
2017	Griffith University School of Applied Psychology Inaugural Scholarly Learning and Teaching Publication of the Year Award 2017 [\$500]
2015	Griffith University 2014 Vice Chancellor Research Excellence Awards - Early Career Researcher [\$5000 + plaque]
2015	Griffith University Pro Vice Chancellor (Health) Research Excellence Awards for <i>Excellence in an Early Career Researcher</i> , 2014 [\$5000 + plaque]
2014	Griffith Health Institute, Principle Research Excellence Award for <i>Early Career Researcher Excellence</i> , 2014 [plaque]
2014	European Health Psychology Society (EHPS) Early Career Award (ECA) presented at the 28 <sup>th</sup> EHPS Conference, Austria [conference fees paid + plaque]



2012	Queensland University of Technology Outstanding Doctoral Thesis Award, 2011 [\$1000 + trophy]
2012	European Health Psychology Society (EHPS) Herman Schaalma Award, 2011 presented at the 24 <sup>th</sup> EHPS Conference, Czech Republic [conference fees paid + plaque]
2011	Postgraduate Research Write Up (QWU) scholarship, Queensland University of Technology [Equivalent to APA scholarship for 3 months]
2010	Best Poster Presentation – Institute of Health and Biomedical Innovation (IHBI) Inspires Conference [\$1000]
2010	Queensland Nursing Council scholarship [\$5000]
2007 - 2011	Australian Postgraduate Award (APA) scholarship
	Institute of Health and Biomedical Innovation Award Top Up (IHBITU) scholarship
2006	Australian Psychological Society Prize [awarded to the graduating student with the highest achievement in the BPsychology(Honours) course] [Associate Membership fees paid + conference fees paid + plaque]
2006	School of Psychology and Counselling Honours Thesis Prize, Queensland University of Technology [awarded to the student in the BPsychology(Honours) course who has submitted the thesis that has received not only the highest commendations but is further characterised by great independence and originality of thought, sophistication of methodology, thoroughness of analysis and interpretation, and the degree to which the theses is judged to contribute to the advancement of knowledge in the discipline] [\$500 book voucher + plaque]
2005 - 2006	Honours bursary scholarship, School of Psychology and Counselling, Queensland University of Technology [\$3000]

## LEARNING AND TEACHING

### CURRENT FORMAL TEACHING CONTRACT

Year / Trimester	Course Code and Name	Comment (e.g. class size, type of teaching, mode, role)
2021 / 2	2010PSY: Health Psychology – Mt Gravatt and Gold Coast	2nd year elective course. Convenor and lecturer, approx N = 100 at both campuses. On-line lectures, face-to-face tutorial program
2020 / 2	2010PSY: Health Psychology – Mt Gravatt and Gold Coast	2nd year elective course. Convenor and lecturer, approx N = 160 at both campuses. On-line lectures, online tutorial program
2019 / 3	3030PSY: Applying Psychology	3 <sup>rd</sup> year elective course. Convenor and lecturer, approx N = 25. Workshop and online format, 40hrs of Work Integrated Learning (WIL) + International 3-week placement as part of New Columbo Plan (Thailand)
2019 / 2	2010PSY: Health Psychology – Mt Gravatt and Gold Coast	2nd year elective course. Convenor and lecturer, approx N = 130 at both campuses. Face-to-face lectures, online tutorial program
2018 / 2	2010PSY: Health Psychology – Mt Gravatt and Gold Coast	2nd year elective course. Convenor and lecturer, approx N = 130 at both campuses. Face-to-face lectures, online tutorial program
2017 / 2	2010PSY: Health Psychology	2nd year elective course. Convenor and lecturer, approx N = 130. Face-to-face lectures, online tutorial program
2017 / 2	3030PSY: Applying Psychology	3 <sup>rd</sup> year elective course. Convenor and lecturer, approx N = 35. Workshop format, end of semester conference, 40hrs of Work Integrated Learning (WIL). Face-to-face, mentoring sessions, and WIL placement
2016 / 2	2010PSY: Health Psychology	2nd year elective course. Convenor and lecturer, N = 146. Face-to-face lectures, online tutorial program
2016 / 2	3030PSY Psychology: Integration and Application	3 <sup>rd</sup> year elective course. Convenor and lecturer, N = 43. Workshop format, end of semester conference, 40hrs of Work Integrated Learning (WIL). Face-to-face, mentoring sessions, and WIL placement
2015 / 2	2010PSY: Health Psychology	2 <sup>nd</sup> year elective course. Convenor and lecturer, N = 158. Face-to-face lectures, online tutorial program
2015 / 2	3030PSY Psychology: Integration and Application	3 <sup>rd</sup> year elective course. Convenor and lecturer, N = 46. Workshop format, end of semester conference, 40hrs of WIL. Face-to-face, mentoring sessions, and WIL placement
2014 / 2	3030PSY Psychology: Integration and Application	3 <sup>rd</sup> year elective course. Convenor and lecturer, N = 73. Workshop format, end of semester conference, 40hrs of WIL. Face-to-face, mentoring sessions, and WIL placement
2014	2010PSY: Health Psychology	2 <sup>nd</sup> year elective course. New course in development to run Trimester 2, 2015
2013 / 2	3030PSY Psychology: Integration and Application	3 <sup>rd</sup> year elective course. Convenor and lecturer, N = 81. Workshop format, end of semester conference, 40hrs of WIL. Face-to-face, mentoring sessions, and WIL placement
2013 / 2	6024PSY Honours	4 <sup>th</sup> year core course. Guest lecturer, approx N = 40. Workshop format – 2 new workshops on health psychology developed. Face-to-face

2012 / 2	3030PSY Psychology: Integration and Application	3 <sup>rd</sup> year elective course. Convenor and lecturer, N = 51. Workshop format, end of semester conference, 40hrs of WIL. Face-to-face, mentoring sessions, and WIL placement
2012	3030PSY Psychology: Integration and Application	3 <sup>rd</sup> year elective course. New course in development to run Trimester 2, 2012
2012 / 2	1002PSY Introductory Individual and Social Psychology	1 <sup>st</sup> year core course. Guest lecturer, approx N = 400. Lecture format – new lecture on social psychology developed

### Summary of Lecturing and Course Convenor Key Responsibilities

Course development including all lecture and tutorial material and assessment items; Managing Work Integrated Learning (WIL) component of 3030PSY course; Leading and managing a team of staff including WIL officer, industry supervisors, and tutors; Organising guest lecturers; Marking, moderation, and grade finalisation; Course web site management; Student consultation.

### Clinical or Applied Supervision, Including Work Integrated Learning (WIL) Supervision and International Placement

Year / Trimester	Course Code & Name	N Students Supervised	Nature of Activity
2019 / 3	3030PSY Psychology: Integration and Application	25	WIL – 40 hours within an outside organisation working on an industry-university negotiated project + International 3-week placement as part of NCP (Thailand, 4 psychology students)
2017 / 2	3030PSY Psychology: Integration and Application	35	WIL – 40 hours within an outside organisation working on an industry-university negotiated project
2016 / 2	3030PSY Psychology: Integration and Application	43	WIL – 40 hours within an outside organisation working on an industry-university negotiated project
2015 / 2	3030PSY Psychology: Integration and Application	56	WIL – 40 hours within an outside organisation working on an industry-university negotiated project
2014 / 2	3030PSY Psychology: Integration and Application	42	WIL – 40 hours within an outside organisation working on an industry-university negotiated project
2013 / 2	3030PSY Psychology: Integration and Application	44	WIL – 40 hours within an outside organisation working on an industry-university negotiated project
2012 / 2	3030PSY Psychology: Integration and Application	39	WIL – 40 hours within an outside organisation working on an industry-university negotiated project

### GRADUATE EMPLOYABILITY AND GLOBAL MOBILITY

- 2020-2023 New Columbo Plan application – Thailand Health Mobility Teams, partnership with Nineteen Degrees and Griffith University School of Nursing and Midwifery, School of Applied Psychology, and School of Pharmacy.

### PREVIOUS FORMAL TEACHING CONTRACT

- Overview of key positions: Unit Coordination, Lecturing, and Tutoring.
- Overview of key responsibilities: leading and managing a team of tutors; staff appointments; marking, moderation, and grade finalisation; liaising with undergraduate unit coordinator and Head of School regarding student assessment; assessing and approving assignment extensions; unit web site management; student consultation; developing new lecture and tutorial material and assessment items; organising guest speakers/lecturers; developing staff training sessions and material.

#### UNIT COORDINATION

2011	Unit Coordinator – PYB202 Social and Organisational Psychology, Queensland University of Technology [2 <sup>nd</sup> year core unit, approx. 300 students, 4 tutors]
2010	Unit Coordinator – PYB100 Foundation Psychology, Queensland University of Technology [Summer school unit, approx. 40 students, responsible for 2 tutors]
2010	Assistant Unit Coordinator – PYB202 Social and Organisational Psychology, Queensland University of Technology [2 <sup>nd</sup> year core unit, approx. 300 students, 4 tutors]

#### CASUAL LECTURING & TUTORING

##### **Tutoring**

2009 - 2010	PYB202 Social and Organisational Psychology, Queensland University of Technology [2 <sup>nd</sup> year core unit]
2007 - 2008	PYB210 Research Design and Data Analysis, Queensland University of Technology [2 <sup>nd</sup> year core unit]
Key responsibilities	My responsibilities as a tutor included: presenting tutorials to student classes of approximately 30 students; marking assignments; consulting with students; and assisting with unit administration/review.

##### **Lecturing**

2011	PYB202 Social and Organisational Psychology, Queensland University of Technology [2 <sup>nd</sup> year core unit, approx. 300 students]
2008 - 2010	PYB100 Foundation Psychology, Queensland University of Technology [Summer school unit, approx. 40 students]

Key responsibilities My responsibilities as a lecturer included: presenting lectures on social psychology and research design and data analysis, and presenting introduction and conclusion unit lectures.

**Peer-Assisted Study Sessions (PASS) Coordinator**

2007 - 2009 PYB110 Psychological Research Methods, Queensland University of Technology [1<sup>st</sup> year core unit, Supervision of 2 to 3 Peer-Assisted Study Sessions' leaders and coordination of the PASS program]

Key responsibilities As coordinator of PASS I was responsible for the supervision, evaluation, and support of peer tutors (undergraduate students who peer tutored 1<sup>st</sup>-year students). My responsibilities included: recruitment of suitable peer tutors; training of PASS tutors and developing a PASS tutor training video; promoting the program to students; monitoring the progress of PASS tutors and sessions; providing feedback to the peer tutors on effective teaching strategies; liaising with the Unit Coordinator regarding the program and student difficulties.

**Peer-Assisted Study Sessions (PASS) Tutor**

2003-04, 2006 PYB110 Psychological Research Methods, Queensland University of Technology [1<sup>st</sup> year core unit]

Key responsibilities Facilitating group discussions; introducing new learning techniques (e.g., student-designed practice exam and weekly activities) to enhance the learning of students; providing feedback to the PASS Coordinator.

**GENERAL POSITIONS**

2010 Undergraduate Coordinator - assignment extensions, School of Psychology and Counselling, Queensland University of Technology.  
Key responsibilities Assessing and approving student assignment extensions for all units in the undergraduate psychology degree.

**Projects and Grants in Learning and Teaching**

Year	Title of Project	Granting Agency	AUD	Chief Investigators
2016	Assessing graduate employability in final year psychology undergraduate students	School of Applied Psychology, Griffith University	5000	<b>K Hamilton</b> , S Morrissey, T Weinbrecht
2012	Developing measures to assess psychological literacy and work readiness in final year undergraduate psychology students	School of Applied Psychology, Griffith University	10,000	L Farrell, <b>K Hamilton</b> , S Morrissey, A O'Donovan, T Weinbrecht

**SERVICE AND ENGAGEMENT**

**SERVICE TO THE SCHOOL/CENTRE/DEPARTMENT**

Date(s)	Description of Roles
2020 –	Co-lead Social and Behavioural Health (SBH) research group
2020-2021	Workload profile shift policy
2020 –	Griffith University, School of Applied Psychology, Research Committee: Research Integrity and Quality Lead
2015 – 2018	Griffith University, School of Applied Psychology, Research Committee
2017	HDR and ECR workshop – <i>Building a successful track record: from research outputs to industry collaboration</i> . Guest seminar presentation, 18 <sup>th</sup> September 2017, School of Applied Psychology, Griffith University
2015	Presented at PSA event – <i>Health Psychology</i> . Guest seminar, 26 <sup>th</sup> May 2015, School of Applied Psychology, Griffith University
2012 – 2015	Griffith University, School of Applied Psychology, Sessional Staff Convenor <ul style="list-style-type: none"> <li>• <b>Role:</b> leading and managing the team of tutors for the School; staff appointments and additional hours contracts; tutor training and professional development; assessing tutor teaching feedback; managing tutor/student and course convenor/tutor conflict; organise thank you lunch</li> <li>• <b>Initiatives implemented since role:</b> Streamlined sessional staff appointments, allocations to courses, and training</li> </ul>
2012 –	Attend professional development/Marketing events: <ul style="list-style-type: none"> <li>• Open day</li> <li>• TSXPO</li> <li>• Post graduate information evening</li> </ul>
2012 –	Assist with undergraduate student orientation day
2012 –	Marking - Honours thesis; Masters thesis; PhD confirmation and TCRM
2012 –	Attend HDR student confirmation seminars

2012 – 2014	Organize, implement, and evaluate an Undergraduate Professional Networking Event, School of Applied Psychology, Griffith University
2012	Presented at PhD student forum - <i>Where will I end up?</i> Guest seminar presentation, 30 <sup>th</sup> March 2012, School of Applied Psychology, Griffith University
2012	Organised and implemented the HAPS – Honours Award Publication Scheme, Behavioural Basis of Health, Griffith University
2012 – 2013	Griffith University, School of Applied Psychology, Learning & Teaching Committee
2012 – 2013	Griffith University, School of Applied Psychology, Undergraduate Student Council
2010	<ul style="list-style-type: none"> <li>Queensland University of Technology, School of Psychology and Counselling, Research and Postgraduate Committee</li> <li>Queensland University of Technology, School of Psychology and Counselling, Head of School Student Advisory Group</li> <li>Queensland University of Technology, Faculty of Health Research and Postgraduate Committee</li> <li>Queensland University of Technology, Institute of Health and Biomedical Innovation (IHBI) Advisory Group</li> </ul> <p><u>Role:</u> Postgraduate Student Representative.</p> <p><u>Overview of Key Responsibilities:</u> providing a liaison between staff members and Head of School and Higher Degree Research (HDR) students (approx. 30 students); providing a liaison between A/Dean Research and Higher Degree Research students (approx 140 students across 6 Schools); providing a conduit for IHBI-related student enquiries (over 300 students across 5 research Domains); surveying of student feedback to current and proposed HDR policies and initiatives; assisting in the decision-making processes for key areas such as research funding and postgraduate policies; assisting with organisation of 'buddy system' supporting commencing students; assisting with organisation of Annual Postgraduate Symposium (over 50 participants, student presentations and breakout sessions on topics of interest for HDR students); assisting with biannual STAR (Sharing Thoughts About Research) workshops; organising of the IHBI Inspires annual postgraduate student conference.</p> <p><u>Outcomes:</u> provided successful intermediary role between HDR students and School staff members, A/Dean Research, IHBI community; successfully assisted in the facilitation of Annual Postgraduate Symposium; initiated biannual SHARE (Students' Helping, Airing, Resolving Enquiries) sessions to support HDR students voice their issues and concerns; successfully monitored HDR student 'buddy system'; initiated biannual IHBI student only meeting; successfully facilitated annual IHBI postgraduate student conference as an important development opportunity for students and their supervisors; provided timely and useful student feedback to School Research and Postgraduate Committee members, Faculty Research and Postgraduate Committee members, IHBI Advisory Group members; successfully assisted in establishment of new policies, guidelines, and initiatives for research funding.</p>

#### SERVICE TO THE GROUP/UNIVERSITY

Date(s)	Description of Roles
2021 -	MHIQ Leadership Committee – MCR representative
2020-2021	COVID safe behaviour campaign – Co-Lead
2017 –	Alumni Professional Development Program - Mentor
2017 –	Staff Giving Buddy Program - Mentor
2016 –	Kungullanji Research Pathways Program – Research Supervisor
2015 – 2018	Griffith Health Group – Employability Working Group
2014 –	Organise seminar presentations for Menzies Health Institute Queensland and School of Applied Psychology (Prof Hagger, 2014; Prof Schwarzer, 2014; Prof Sniehotta, 2015; Prof Orbell 2016)
2014	Attend professional development/marketing events: <ul style="list-style-type: none"> <li>Guidance Officer Professional Development Day, 20<sup>th</sup> March 2014 - Brief presentation given on behalf of Tony Perkins about Griffith Health</li> </ul>
2012 –	Griffith Honours College mentor
2012 – 2016	Annual presentations at the Gold Coast Health and Medical Research Conference
2012	Seminar presentation - <i>Who am I and how did I do a PhD by publication.</i> Guest seminar presentation, 27 <sup>th</sup> April 2012, Behavioural Basis of Health, Griffith

#### SERVICE TO THE PROFESION/DISCIPLINE

Date(s)	Editorial Boards and Service to Peer-reviewed Scholarly Periodicals
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2010 –	<p>Membership of Editorial Boards:</p> <table border="1" data-bbox="244 143 1533 611"> <thead> <tr> <th>Role</th> <th>Journal</th> <th>Period</th> </tr> </thead> <tbody> <tr> <td>Co-Editor-in-Chief</td> <td>Psychology &amp; Health</td> <td>2020-</td> </tr> <tr> <td>Associate Editor</td> <td>International Journal of Behavioral Medicine</td> <td>2018-2020</td> </tr> <tr> <td>Associate Editor</td> <td>Applied Psychology: Health and Wellbeing</td> <td>2016-2019</td> </tr> <tr> <td>Executive Editor</td> <td>Health Psychology Bulletin</td> <td>2016-</td> </tr> <tr> <td>Editorial Board Member</td> <td>Health Psychology Review</td> <td>2018-</td> </tr> <tr> <td>Editorial Board Member</td> <td>Stress &amp; Health</td> <td>2016-</td> </tr> <tr> <td>Editorial Board Member</td> <td>Frontiers in Psychology (Social and Personality Psychology)</td> <td>2016-2017</td> </tr> <tr> <td>Editorial Board Member</td> <td>British Journal of Health Psychology</td> <td>2014-</td> </tr> <tr> <td>Editorial Board Member</td> <td>European Health Psychologist</td> <td>2014-2017</td> </tr> <tr> <td>Guest Editor</td> <td>Behavioural Sciences</td> <td>2021-2022</td> </tr> <tr> <td>Guest Editor</td> <td>Health Psychology Review</td> <td>2015-2017</td> </tr> <tr> <td>Guest Editor</td> <td>Australian Psychologist</td> <td>2013-2014</td> </tr> </tbody> </table> <p>Peer Reviewer for the Following Journals</p> <table border="1" data-bbox="244 674 1533 801"> <tr> <td>Accident Analysis and Prevention, Appetite, Health Education Research, Health Psychology, International Journal of Behavioral Nutrition and Physical Activity, Journal of Family Issues, Journal of Health Psychology, Journal of Sport and Exercise Psychology, Maternal and Child Health Journal, Pediatric Obesity, Psychology and Health, Psycho-Oncology, Safety Science, Social Science and Medicine.</td> </tr> </table>	Role	Journal	Period	Co-Editor-in-Chief	Psychology & Health	2020-	Associate Editor	International Journal of Behavioral Medicine	2018-2020	Associate Editor	Applied Psychology: Health and Wellbeing	2016-2019	Executive Editor	Health Psychology Bulletin	2016-	Editorial Board Member	Health Psychology Review	2018-	Editorial Board Member	Stress & Health	2016-	Editorial Board Member	Frontiers in Psychology (Social and Personality Psychology)	2016-2017	Editorial Board Member	British Journal of Health Psychology	2014-	Editorial Board Member	European Health Psychologist	2014-2017	Guest Editor	Behavioural Sciences	2021-2022	Guest Editor	Health Psychology Review	2015-2017	Guest Editor	Australian Psychologist	2013-2014	Accident Analysis and Prevention, Appetite, Health Education Research, Health Psychology, International Journal of Behavioral Nutrition and Physical Activity, Journal of Family Issues, Journal of Health Psychology, Journal of Sport and Exercise Psychology, Maternal and Child Health Journal, Pediatric Obesity, Psychology and Health, Psycho-Oncology, Safety Science, Social Science and Medicine.
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Date(s)	<b>Peer Reviewer for Funding Organisations</b>																																								
2015 –	<ul style="list-style-type: none"> <li>National Institute for Health Research; NIHR, United Kingdom</li> <li>National Health and Medical Research Council; NHMRC, Australia</li> <li>Healthway – The West Australian Health Promotion Foundation, Australia</li> <li>Netherlands Organisation for Scientific Research; NWO, Netherlands</li> </ul>																																								
Date(s)	<b>Conference Reviewing/Planning/Chairing</b>																																								
2021	<ul style="list-style-type: none"> <li>EHPS conference abstract reviewer – <i>35th Annual Conference of the European Health Psychology Society, 23-27 August 2021, Online Conference</i></li> </ul>																																								
2020	<ul style="list-style-type: none"> <li>EHPS conference abstract reviewer – <i>34th Annual Conference of the European Health Psychology Society, 25-29 August 2020, Online Conference</i></li> </ul>																																								
2019	<ul style="list-style-type: none"> <li>EHPS conference abstract reviewer – <i>33rd Annual Conference of the European Health Psychology Society, 3-9 September 2019, Dubrovnik, Croatia.</i></li> </ul>																																								
2018 – 2019	<ul style="list-style-type: none"> <li><i>APS College of Health Psychologists Conference – Member Conference Committee, 25-27 April 2019, Adelaide, Australia.</i></li> </ul>																																								
2018	<ul style="list-style-type: none"> <li>EHPS conference abstract reviewer – <i>32nd Annual Conference of the European Health Psychology Society, 21-25 August 2018, Galway, Ireland.</i></li> </ul>																																								
2017	<ul style="list-style-type: none"> <li>Keynote session chair – Prof Suzanne Chambers, <i>Australian Society of Behavioural Health and Medicine and APS College of Health Psychologists Conference, 13-15 July 2017, Gold Coast, Australia.</i></li> </ul>																																								
2016 – 2017	<ul style="list-style-type: none"> <li><i>Australasian Society of Behavioural Health and Medicine and APS College of Health Psychologists Conference – Deputy Chair Local Organising Committee and Scientific Program Committee, 13-15 July 2017, Gold Coast, Australia.</i></li> </ul>																																								
2015	<ul style="list-style-type: none"> <li>Keynote session chair – Prof Falko Sneihotta, <i>APS Health Psychology Conference, 10-11 April 2015, Sydney, Australia.</i></li> <li>PROMISE Mentor, <i>Australasian Society for Behavioural Health and Medicine Conference, 11-13 February 2015, Perth, Australia.</i></li> </ul>																																								
2014	<ul style="list-style-type: none"> <li>Australasian Society for Behavioural Health and Medicine PROMISE conference organising committee, 11-13, February 2015, Perth, Australia.</li> <li>ANZAHPE conference abstract reviewer - <i>Australian &amp; New Zealand Association of Health Professional Educators conference, 7-10 July 2014, Gold Coast, Australia.</i></li> </ul>																																								
2013	<ul style="list-style-type: none"> <li>Conference chair - <i>27th Conference of the European Health Psychology Society, 16-20 July 2013, Bordeaux, France.</i></li> </ul>																																								
2010	<ul style="list-style-type: none"> <li>Member of the organising committee for Queensland University of Technology Institute of Health and Biomedical Innovation (IHBI) Inspires Postgraduate Student Conference 2010 (held in Brisbane, Australia; approx 200 delegates). <ul style="list-style-type: none"> <li>Principal duties included: management of conference sponsorship (responsible for contacting and liaising with 40 external industry companies and securing sponsorship of monies of approx. \$25,000) and trade displays (5 external industry companies).</li> <li>Secondary duties included: general conference and hotel details/contact and budget management; abstract/orals/posters/conference booklet management; marketing/promotions (prizes)/conference</li> </ul> </li> </ul>																																								

	merchandise (t-shirts/satchels), website management/social program/dedicated <i>Master of Ceremonies</i> speakers for conference including detailed agenda for conference <i>Master of Ceremonies</i> including biographies; online registrations/conference query responder/scientific program.
Date(s)	<b>Chair and Delegate Roles</b>
2022-2024	Senior Co-Chair – Theories and Techniques of Behavior Change Interventions Special Interest Group, Society of Behavioral Medicine
2017 – 2022	National Delegate (Australia) – European Health Psychology Society
2014 – 2021	Chair (Queensland) - Australian Psychological Society College of Health Psychologists
Date(s)	<b>Committees</b>
2016 – 2019	ASBHM Executive Committee
2016	Australian-New Zealand Emergency Management Committee (ANZEMC) Community Engagement Subcommittee - Prevention of Flood Related Fatalities Working Group
2014 – 2016	PROMISE sub-committee – ASBHM (Australasian Society of Behavioural Medicine)
2014 –	APS College of Health Psychologists National Executive Committee
Date(s)	<b>Task Force</b>
2018 –	EHPS - training in and profession-related regulations of health psychology

## SERVICE TO THE COMMUNITY, TRANSLATION, AND POLICY DEVELOPMENT

### INDUSTRY AND POLICY REPORTS

1. \***Hamilton, K.**, Peden A. E., Smith, S., Wright, C., Buchhorn, Y., Funari, J., & Jones, L. (2021). Knowledge, perceptions, and intentions in relation to driving into and avoiding driving into urban flash flooding in Newcastle, Australia. <https://doi.org/10.25904/1912/4395>
2. \***Hamilton, K.**, Sas, S. V., Keech, J. J. & Peden, A. E. (2020). *Understanding young males' alcohol use around water: A qualitative analysis*. Griffith University and Royal Life Saving Society – Australia. <https://doi.org/10.25904/1912/4015>
3. \***Hamilton, K.**, Jenkins, K., & Pidgeon, S. (2020). *Understanding attitudes and beliefs towards swimming and physical activity: Program evaluation of 'Swimming Skills for an Active Life'*. Griffith University and Royal Life Saving Society – Australia. <https://doi.org/10.25904/1912/4016>
4. \***Hamilton, K.**, Keech, J. J., Phipps, D., Peden, A. E., & Hagger, M. S. (2020). *Identifying the psychological and environmental correlates of parents' intentions to enrol their young children to learn to swim lessons for the first time*. Griffith University, Brisbane & Royal Life Saving Society – Australia. <https://doi.org/10.25904/1912/3924>
5. **Hamilton, K.**, & Dawe, S. (2020). *Recommendations to support the maintenance of COVID-19 safe practices at Griffith University: a briefing paper*. Griffith University.
6. \*Keech, J.J., Smith, S. R. & **Hamilton, K.** (2020). *Investigating job demands, resources, and occupational stress in pool lifeguards in Australia: Preliminary research report*. Griffith University & Royal Life Saving Society – Australia.
7. \***Hamilton, K.**, Keech, J. J., Peden A. E. & Hagger, M. S. (2020). *Understanding the knowledge, beliefs, and attitudes of Australian learner drivers toward driving into floodwater*. Griffith University & Royal Life Saving Society – Australia. doi:10.25904/5ddb4ac2a8171
8. \***Hamilton, K.**, Keech, J. J., Peden A. E. & Hagger, M. S. (2019). *Changing driver behavior during floods: Testing a novel e-health intervention using implementation imagery*. Griffith University & Royal Life Saving Society – Australia. doi:10.25904/5d1ae6272cd32
9. \***Hamilton, K.**, Phipps, D., & Peden A. E. (2019). *Supervising and restricting young children's access to water: Program evaluation of 'Keep Watch'*. Griffith University & Royal Life Saving Society – Australia. doi:10.25904/5cf71d907c59a
10. \***Hamilton, K.**, Keech, J. J., & Peden, A. E. (2019). *Understanding consumers' knowledge, beliefs, and attitudes toward portable pool compliance and safety behaviours*. Griffith University & Royal Life Saving Society – Australia. doi:10.25904/5c6f9a0abfa38
11. \*Cole, K. L, Keech, J. J., **Hamilton, K.** (2018). *Protecting police officers against burnout*. Griffith University. Report submitted to the Queensland Police Service, December 2018. doi:10.25904/5c453a9e4dc6e
12. \*Peden, A., Smith, S., Hagger, M. S., & **Hamilton, K.** (2018). *New South Wales parents' and carers' beliefs about behaviours around swimming pools*. Royal Life Saving Society – Australia & Griffith University. doi:10.4225/01/5aa20e132a598
13. Risk Frontiers. (2017). *Project U Turn Literature Review*. Report submitted to the New South Wales State Emergency Services, November 2017.
14. Academy of Science. (2017). *An interdisciplinary approach to living in a risky world. Recommendations from the 2016 Theo Murphy High Flyers Think Tank*. Report submitted to the Australian Academy of Science, February 2017.
15. \***Hamilton, K.**, Peden, A., Keech, J., & Hagger, M. S. (2016). *Deciding to drive through floodwater: a qualitative analysis through the lived experience*. Royal Life Saving Society – Australia & Griffith University. doi:10.4225/01/5aa21363c374a
16. \*Schmidt, H., & **Hamilton, K.** *Investigating parents' and carers' intentions to visit Logan City Council libraries with their children under the age of 6 years*. Report submitted to the Logan City Council, March 2016.
17. Masser, B., **Hamilton, K.**, White, K. M., McKimmie, B., & Terry, D. *Understanding the reactions of current blood donors and non-donors to an avian influenza pandemic*. Report submitted to the Australian Red Cross Blood Service, November 2009.

Date(s)	Translation and Policy Development: Invited Workshops
2021	<ul style="list-style-type: none"> <li>• <i>Health behaviour change: understanding and applying theory</i>. Stroke Foundation, Brisbane, Australia, 10<sup>th</sup> November 2021.</li> </ul>
2020	<ul style="list-style-type: none"> <li>• <i>Applying the HAPA to the design of a cultural specific health promotion program</i>. Diabetes Queensland and Ethnic Cultural Communities Queensland, Brisbane, Australia, 16<sup>th</sup> November and 16<sup>th</sup> December 2020.</li> </ul>
2018	<ul style="list-style-type: none"> <li>• <i>Attitude of Health Advisory Board</i>. Sanitarium Health &amp; Wellbeing Company, Sydney, Australia, 19<sup>th</sup> September 2018.</li> <li>• <i>New South Wales Water Safety Forum</i>. Justice Office of Emergency Management, NSW Government, Sydney, Australia, 2<sup>nd</sup> May 2018.</li> </ul>
2016	<ul style="list-style-type: none"> <li>• <i>Queensland Skin Cancer Prevention Collaborative</i>. Queensland Health, Brisbane, Australia, 11<sup>th</sup> October 2016.</li> <li>• <i>2016 Theo Murphy High Flyers Think Tank: An Interdisciplinary Approach to Living in a Risky World</i>. Australian Academy of Science, Canberra, Australia, 20-22 July 2016 [competitive application].</li> <li>• <i>National Drowning Prevention Workshop: Men and Alcohol</i>. Royal Life Saving Society – Australia, Sydney, Australia, 28<sup>th</sup> April 2016.</li> <li>• <i>Prevention of Flood Related Deaths National Workshop</i>. Justice Office of Emergency Management, NSW Government, Sydney, Australia, 1<sup>st</sup> March 2016.</li> </ul>
Date(s)	Media Activity
2019	<ul style="list-style-type: none"> <li>• 27<sup>th</sup> November 2019. Royal Life Saving Society Australia. “What others think matters when keeping kids safe around water” <a href="https://www.royallifesaving.com.au/about/news-and-events/news-items/what-others-think-matters-when-keeping-children-safe-around-water">https://www.royallifesaving.com.au/about/news-and-events/news-items/what-others-think-matters-when-keeping-children-safe-around-water</a></li> <li>• 30<sup>th</sup> January 2019. 7 News Gold Coast. “Blow up pool dangers” <a href="https://www.facebook.com/7NewsGoldCoast/videos/blow-up-pool-dangers/360133358051122/">https://www.facebook.com/7NewsGoldCoast/videos/blow-up-pool-dangers/360133358051122/</a></li> </ul>
2018	<ul style="list-style-type: none"> <li>• 6<sup>th</sup> August 2018. The Sydney Morning Herald. “Help can sometimes be more of a hindrance in flood rescues” <a href="https://www.smh.com.au/national/help-can-sometimes-be-more-of-a-hindrance-in-flood-rescues-20180731-p4zuos.html">https://www.smh.com.au/national/help-can-sometimes-be-more-of-a-hindrance-in-flood-rescues-20180731-p4zuos.html</a></li> <li>• 6<sup>th</sup> August 2018. Canberra Times. “Help can sometimes be more of a hindrance in flood rescues” <a href="https://www.canberratimes.com.au/national/help-can-sometimes-be-more-of-a-hindrance-in-flood-rescues-20180731-p4zuos.html">https://www.canberratimes.com.au/national/help-can-sometimes-be-more-of-a-hindrance-in-flood-rescues-20180731-p4zuos.html</a></li> <li>• 6<sup>th</sup> August 2018. Brisbane Times. “Help can sometimes be more of a hindrance in flood rescues” <a href="https://www.brisbanetimes.com.au/national/help-can-sometimes-be-more-of-a-hindrance-in-flood-rescues-20180731-p4zuos.html">https://www.brisbanetimes.com.au/national/help-can-sometimes-be-more-of-a-hindrance-in-flood-rescues-20180731-p4zuos.html</a></li> <li>• 6<sup>th</sup> August 2018. WA Today. “Help can sometimes be more of a hindrance in flood rescues” <a href="https://www.watoday.com.au/national/help-can-sometimes-be-more-of-a-hindrance-in-flood-rescues-20180731-p4zuos.html">https://www.watoday.com.au/national/help-can-sometimes-be-more-of-a-hindrance-in-flood-rescues-20180731-p4zuos.html</a></li> <li>• June 4<sup>th</sup>, 2018. Scimex. “Further work required to reduced alcohol related drowning” <a href="https://www.scimex.org/newsfeed/further-work-required-to-reduce-alcohol-related-drowning">https://www.scimex.org/newsfeed/further-work-required-to-reduce-alcohol-related-drowning</a></li> <li>• June 4<sup>th</sup>, 2018. ABC Radio Sydney, Focus with Cassie McCullagh. <a href="http://www.abc.net.au/radio/sydney/programs/focus/focus/9809744">http://www.abc.net.au/radio/sydney/programs/focus/focus/9809744</a></li> </ul>
2017	<ul style="list-style-type: none"> <li>• February 1<sup>st</sup>, 2017. The Conversation. “Listen up: a plan to help scientists get their research heard by decision-makers”</li> </ul>
2016	<ul style="list-style-type: none"> <li>• November 19<sup>th</sup>, 2016. Brisbane Times. “Queensland wet season: why do people drive through flooded roads?” <a href="http://www.brisbanetimes.com.au/queensland/queensland-wet-season-why-do-people-drive-through-flooded-roads-20161118-gssj7p.html">http://www.brisbanetimes.com.au/queensland/queensland-wet-season-why-do-people-drive-through-flooded-roads-20161118-gssj7p.html</a></li> </ul>
2015	<ul style="list-style-type: none"> <li>• Royal Life Saving Society – Australia media release, July 1<sup>st</sup> 2016. Driving Through Floodwater. <a href="http://www.royallifesaving.com.au/about/news-and-events/news-items/royal-life-saving-and-griffith-university-to-partner-on-flood-infographic-research/_recache">http://www.royallifesaving.com.au/about/news-and-events/news-items/royal-life-saving-and-griffith-university-to-partner-on-flood-infographic-research/_recache</a></li> <li>• Royal Life Saving Society – Australia media release, May 16<sup>th</sup> 2016. Floodwater Infographic. <a href="http://www.royallifesaving.com.au/about/news-and-events/news-items/royal-life-saving-launches-floodwater-infographic">http://www.royallifesaving.com.au/about/news-and-events/news-items/royal-life-saving-launches-floodwater-infographic</a></li> <li>• July, 2<sup>nd</sup> 2015. Brisbane Times: ‘If it’s flooded, forget it’ safety message questioned <a href="http://www.brisbanetimes.com.au">http://www.brisbanetimes.com.au</a></li> <li>• Griffith University media release, June 1<sup>st</sup> 2015: <i>Campus Review</i> (p7) Understanding the transition by men into fatherhood and the tools that can help them is the focus of new research. Dr Kyra Hamilton (MHIQ) is interviewed.</li> <li>• Griffith University media release, June 24<sup>th</sup> 2015: Looking at why people take risks in floods</li> <li>• March Issue 44, 2015, p. 19. Health Check, Griffith Health Quarterly, ‘The Research Stars’: <i>Kyra Hamilton</i>.</li> </ul>
2014	<ul style="list-style-type: none"> <li>• A host of Griffith Health researchers are featured as part of a piece called ‘Malaria and beyond - Gold Coast Medical Research making a world of difference’. The Gold Coast Health and Medical Research</li> </ul>

	Conference is highlighted. <a href="http://www.moregoldcoast.com.au/malaria-beyond-gold-coast-medical-research-making-difference/">http://www.moregoldcoast.com.au/malaria-beyond-gold-coast-medical-research-making-difference/</a>
2013	<ul style="list-style-type: none"> <li>• November 28<sup>th</sup>, 2013. '<i>Changing young male attitudes to drinking and swimming</i>'. Media release, Griffith University.</li> <li>• Radio interviews: <ul style="list-style-type: none"> <li>○ Radio ABC 612, River FM, ABC Gold, and Tweed Coasts ABC online <a href="http://www.abc.net.au/local/stories/2013/11/28/3901190.htm">http://www.abc.net.au/local/stories/2013/11/28/3901190.htm</a></li> </ul> </li> <li>• Newspaper/Magazine (examples): <ul style="list-style-type: none"> <li>○ Weekend Gold Coast Bulletin (p9), Mx Brisbane (p2), and MX Sydney</li> </ul> </li> </ul>
2012	<ul style="list-style-type: none"> <li>• November 13<sup>th</sup>, 2012. '<i>International honour for study into parents of young children and perceptions of physical activity</i>'. Faculty of Health Best of Health Newsletter, Queensland University of Technology.</li> <li>• November Issue 36, 2012, p. 12. '<i>Parents have to get creative to be active</i>'. Griffith Health Quarterly, Griffith University.</li> </ul>
2011	<ul style="list-style-type: none"> <li>• November, 2011. '<i>Studies aim to make us sun smarter</i>'. Bmag</li> </ul>
2008	<ul style="list-style-type: none"> <li>• September, 2008. '<i>Teens' perceptions affect physical activity levels</i>'. Media release, Queensland University of Technology.</li> <li>• On-line (examples): <ul style="list-style-type: none"> <li>○ September 9<sup>th</sup>, 2008. '<i>Teens' perceptions affect health</i>'. Science Alert [Online]. <a href="http://www.sciencealert.com.au/news/20080909-17925-2.html">http://www.sciencealert.com.au/news/20080909-17925-2.html</a></li> <li>○ September 9<sup>th</sup>, 2008. '<i>Teens who shun physical activity will become ill</i>'. Taindia News [Online]. <a href="http://www.thaindian.com/newsportal/tag/lack-of-time">http://www.thaindian.com/newsportal/tag/lack-of-time</a></li> </ul> </li> <li>• Radio interview: <ul style="list-style-type: none"> <li>○ September 9<sup>th</sup>, 2008, 6mins interview. ABC Darwin Morning Show.</li> </ul> </li> <li>• Newspaper/Magazine (examples): <ul style="list-style-type: none"> <li>○ September 13<sup>th</sup>, 2008, p.36. '<i>Teenagers' perception of exercise affects lifestyle</i>'. Northern Daily Leader, Tamworth.</li> <li>○ September 13<sup>th</sup>, 2008, p80. '<i>Exercising Teenagers</i>'. Townsville Bulletin, Townsville.</li> <li>○ September 16<sup>th</sup> – 13<sup>th</sup> October, 2008, p7. '<i>Teens' perceptions affect physical activity</i>'. IQ Inside Queensland University of Technology, Newspaper.</li> </ul> </li> <li>• December, 2008, p18. '<i>Teens' perceptions affect physical activity levels</i>'. Faculty of Health Best of Health Newsletter, Queensland University of Technology.</li> </ul>

#### CONSULTATIVE AND RELATED OUTSIDE WORK

Date(s)	Description of Roles
2021-2023	Consultant, Stroke Foundation. <i>Living well after stroke</i>
2020-2022	Consultant, Diabetes Queensland. <i>My health for life</i> program
2018 –	Consultant, International Agency for Research on Cancer, World Health Organization
2018 –	Consultant, Sanitarium Personalised Wellbeing Advisory Board
2017 – 2019	Consultant, New South Wales State Emergency Services, Project U Turn
2015 –	Consultant, Royal Life Saving Society - Australia
2014 – 2020	Adjunct, School of Psychology and Health Psychology and Behavioural Medicine (HPBM) research group, Curtin University, Western Australia.